



**44<sup>th</sup> Indo-American Psychiatric Association (IAPA)  
Annual Meeting**

**Date: Sunday, May 21st, 2023**

**Venue: Marines' Memorial Club and Hotel  
609 Sutter Street, San Francisco, CA 94102  
Crystal Ballroom and Lounge, 11<sup>th</sup> floor**

**Scientific Program and Business Meeting: 11:30 AM to 4 PM**

11:30 AM – 12:20 PM: Poster session/Booth visits

12:20 PM -- 12:25 PM: Break

12:25 PM – 12:35 PM: Welcome remarks/vendor appreciation: Drs. V. Rao & B. Sahasranaman

12:35 PM – 12:40 PM: Introduction of 2023 Academician Awardee, Rajnish Mago, MD, Editor, Simple and Practical Medical Education: Bhagi Sahasranaman, MD

12:40 PM – 1:35 PM Outstanding Academician Lecture: *“Simple and Practical Strategies for the Prevention and Management of Common side Effects”*

1:35 PM – 1:45 PM: Poster Awards Presentation

1:45 PM – 1:50 PM: Introduction of Rajiv Radhakrishnan, MD, Asst Prof. Psychiatry, Radiology & Biomedical Imaging, Yale School of Medicine: Tarak Vasavada, MD

1:50 PM - 2:30 PM: Dr. Radhakrishnan's talk: *“Medical Cannabis-Promises and Perils”*

2:30 PM – 2:35 PM Introduction of Sandeep Vaishnavi, MD, PhD, Adjunct Associate, Department of Medicine, Faculty, Duke Institute for Brain Sciences: Tanuja Gandhi, MD

2:35 PM 3:10 PM: Dr. Vaishnavi's talk: *“Transcendental Meditation for healthcare provider resilience”*

3:10 PM – 3:30 PM: Q & A session

3:30 PM – 3:55 PM: Business meeting

3:55 PM-- 4:00 PM vote of thanks and adjournment, Tarak Vasavada, MD President-Elect

**Banquet /Awards Dinner: Sun May 21<sup>st</sup>, 2023; 6:30-10:30PM**

**Marines' Memorial Club and Hotel, Crystal Ballroom and Lounge, 11<sup>th</sup> floor**

6:30 PM-7:25 PM: Registration/cocktails/snacks

7:30 PM-7:40 PM: Welcome remarks/introductions: Drs. Vani Rao & Bhagi Sahasranaman

7:40 PM-8:10 PM: Educational product presentation

8:10 PM-8:25 PM: Awards Presentation (EC)

8:25 PM-8:30 PM: Handing over the baton to the incoming president: Bhagi Sahasranaman

8:30 PM to 8:45 PM: Taking over the baton, introduction of new officers, and vote of thanks: incoming president: Tarak Vasavada, MD

8:45 PM-10:30 PM: Dinner, music, dancing, and fun!