



Mentoring Program

Dear IAPA member,

I am writing to request your support for the mentoring program of IAPA. I need to find both **mentors and mentees**. Please see below for a better understanding of our goals.

I need the help and supply of all of you as members of IAPA. I know you have the skills and the network to support this initiative. This initiative is being led by **Dr. Ranna Parekh** who many of you know. The goal is to develop IAPA into an organization that identifies and grows future leaders of psychiatry. Additionally, this program will engage and re-engage members by enlisting them to be valuable mentors.

I am hoping you will assist with ideas as to how best to distribute this list and enlist the support of the larger psychiatric community. You can find a brief description of the program below. For your response, it is easier to use the webform to volunteer as mentors and for mentees to use.

IAPA **Mentor** Survey Form: <https://forms.gle/s2DTg5sTjnRJWDwi9>

IAPA **Mentee** Survey Form: <https://forms.gle/W64Jw1VpnXrH56uv9>

Please help with your thoughts and advice as to how to proceed. Looking forward to your participation.

Mentorship Goals

As we begin to see the “light” at the end of the long COVID 19 tunnel, we know that everyone is eager to reconnect. IAPA history was to provide a professional network for psychiatrists of Indian origin and after the pandemic, this is more important than ever for existing and new members.

Top of mind for the IAPA leadership is how to continue to bring value to our members and solidify IAPA as a professional home. Hence, we are revitalizing the mentorship program started in 2013 under the leadership of President, Vani

Rao, MD. A Mentorship Program Committee has been formed and the names are listed below. The group will be meeting next week to finalize the program. The first iteration of the Mentorship Program will focus on mentoring trainees and early career psychiatrists with the goal of guiding them in their growth as psychiatrists and as leaders in IAPA and/or organized medicine. While there will be more details to follow in our next newsletter, we ask that you consider being a mentor or mentee and/or to nominate others.

Please stay tuned for the formal request for mentors and mentees in the next few weeks. If you have any questions, you may reach out to rannaparekh@yahoo.com.

Mentorship Program Committee Members:

- Rohit Chandra, MD
- Tanuja Gandhi, MD
- Dilip Jeste, MD
- Rahul Malhotra, MD
- Ranna Parekh, MD, Chair, Mentorship Program Committee
- Sejal Patel, MPH
- Askwin Patkar, MD
- Rachna Raisinghani, MD
- Ranga Ram, MD, IAPA President
- Vani Rao, MD

2021 IAPA FALL MEETING

SAVE THE DATE

**Saturday, October 2nd, 2021
11 AM - 3 PM EDT**

**Keynote Speaker: Rebecca Brendel, MD
President-elect of the APA**

Meeting (virtual) details will be announced soon.....

Update your chapter in your profile

A Gentle Reminder to our members:

Our member profile database has some changes and updates in the fields. We have now included a field for “Chapter” in our web database of member’s profiles. I would encourage all members to log in to your profile and update your profile by picking the appropriate chapters from the dropdown menu in the chapter field. **Adding a chapter field** is important to identify how many members a particular chapter has and also avoids confusion as to what chapter they

belong to as some of the states have more than one chapter (like Pennsylvania, California, Virginia etc.) Members residing in a different state than the chapter they are more actively involved with can choose their chapter with whom they want to be affiliated with, e.g. some of the members who reside in Southern New Jersey are more active with the Tristate (Philadelphia) Chapter. Updated Membership profile for chapter will empower chapter presidents to reach out more members.

Once you have logged in click on my account and from the page click on edit profile button on the right upper corner. All the way down in your profile pick your chapter from the drop down menu and **once you pick the chapter please make sure to click on the Update Profile button at the bottom**. If you do not click on the update button it will not update your profile. By default the first chapter listed as Alabama is in everyone's profile till one picks and updates profile, so it is important that you log in and Edit and update your profile. Chapter Presidents should encourage members from their chapter to update their profile.

[Click here to go to Edit your profile](#)

When you review your profile also please make sure that your current mailing address, email and contact phone number is correct.

If you have already made changes, we thank you on behalf of the IAPA office and EC.

Regards,

Ranga N Ram, MD, DFAPA
President, IAPA



For more details, visit our website
www.myiapa.org

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Contact us:
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