



**Candidate for Resident Fellow Member Trustee Elect:**

Daniel C. Hart, MD, MSIR

[www.votewithyourhart.com](http://www.votewithyourhart.com)

**Biosketch:**

1997-2012 - United States Army Infantry Officer with deployments to Iraq and Afghanistan

2015 - Fulbright-Nehru Scholar conducting a Neuropsychiatry rotation in Pune, India

2016-Present - Member of APA and the Society of Uniformed Services Psychiatrist (SUSP)

2018 - Deputy Chief of the National Capital Consortium Psychiatry Residency

I am a PGY3 in the National Capital Consortium, a veteran with over twenty years of service in the military including deployments to Iraq and Afghanistan with medical training in India and Italy, and a father of ten kids with one amazing wife. Initially opposed to becoming a psychiatrist, I came full circle when I realized what depth, opportunity and significance our field possesses. I believe in and love what we do as psychiatrists.

**Statement of Intent if Elected Resident Fellow Member Trustee Elect (RFMTE):**

The IAPA's tenet of developing skill in "addressing multicultural mental health needs" encompasses the spirit of my three guiding principles which apply to both the body of IAPA trainees and the patients you serve:

**Opportunity:** All residents should have the opportunity and access to resources and venues that foster their personal and professional growth. If elected RFMTE, I intend to be a voice for trainees with brilliant thoughts and ambitions that are otherwise unheard/unseen. Likewise, we all brush shoulders with underserved populations, and I intend to champion your grassroots efforts and highlight your projects that seek to meet their needs.

**Wellness:** In a field that readily exposes providers to the intractable sorrows and pains of others, I have seen trainees in multiple locations championing self-care/anti-burnout missions. I intend to give these

innovators a stage to broaden their impact. In doing so, we will gain crucial experience in therapies that will augment our practice.

**Engagement:** Psychiatry in the United States has a unique challenge of attempting to permeate many divides: race, gender, orientation, culture, religion, age, and tech-savvy. I intend to link those residents and fellows with the right cultural competencies with the means and populations to help magnify their impact.