

Volume 4, Issue 1, March, 2017



Indo-American Psychiatric **News**

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Editor's Greeting:

Happy New Year!

Welcome to the winter edition of the IAPA newsletter.

First and foremost, a hearty congratulations from the IAPA family to Dr. Ramaswamy Viswanathan and Dr. Tanuja Gandhi on their fabulous victories as APA Minority/Underrepresented Representative Trustee and APA Resident-Fellow Member Trustee-Elect respectively. We are so proud of you!

In this issue, we are very excited to commemorate the extraordinary achievements of several of our members. Followed by this is news from our thriving Georgia, Florida and the IAPA fall meeting hosted by the Tristate chapter.

Sincerely,

Lily Arora, MD

Dr. Ramaswamy Viswanathan



Dr. Tanuja Gandhi



Disclaimer: The views expressed in the different articles are solely those of the authors based on literature review and their clinical experience and not necessarily those of the Indo-American Psychiatric Association.

Stanley Dean Award 2016

Matcheri S. Keshavan, MD



The Stanley Dean Award is a prestigious award for research in schizophrenia by the American College of Psychiatrists in recognition of Stanley R. Dean.

In the autumn of 1957, Stanley R. Dean proposed the creation of a foundation on schizophrenia to a group of friends. Its purpose was to free schizophrenia from the shameful anonymity in which it was buried. Stanley Dean recognized the importance of this illness from a public health perspective. He was determined to bring light to it during his lifetime.

In December 1957, a decision was made to create an organization called Research in Schizophrenia Endowment (RISE). Within two months, articles for the incorporation for RISE were issued by the State of Connecticut. By the end of March 1958, Dr. Dean was successful in convincing Congress to provide \$1,300,000 for research in schizophrenia. This was the first time that Congress had allocated funds specifically for research on this disorder. He was instrumental in convincing Congress to increase its appropriation to the National Institute of Mental Health (NIMH) by more than \$8,000,000 by April 1969. It was specified that approximately one-half of the total research funds to the NIMH be used for projects related to schizophrenia. In the spring of 1960, RISE relinquished its corporate charter and became an integral part of the Research Foundation of the National Association for Mental Health.

George Tarjan Award 2016

Ramaswamy Viswanathan, MD, DMSc (Letter sent to Dr. Viswanathan is copied below)



Dear Dr. Viswanathan,

On behalf of the American Psychiatric Foundation and the Award Selection Committee, I am pleased to inform you that you have been chosen as the recipient of the 2016 George Tarjan Award. Named after APA's first international medical graduate (IMG) president, the George Tarjan Award, established in 1992, recognizes a physician who has made significant contributions to the enhancement of the integration of IMGs into American psychiatry. We strongly feel that your commitment and contributions to improve integration of IMGs into psychiatry make you an outstanding recipient of this award. We hope that you will accept this honor. The award includes a \$500 honorarium, an engraved plaque, and an honorary lecture to be presented at the APA Annual Meeting in

May 2017. Please note that the APA is unable to cover your travel expenses to the award ceremony.

As preparations are made for the 2016 meeting we will need some material from you, including a 150-200 word biographical sketch, a 3x5 black and white photograph, and a brief abstract of your upcoming lecture. This material will be used in the Annual Meeting Convocation Program Book as well as for publicity in conjunction with the award.

Please let the award's staff liaison, Brandon Batiste, know if you will accept this award. He will be happy to answer any questions you may have. He may be reached at bbatiste@psych.org.

Again, congratulations on such a significant achievement, and best wishes for continued success.

Sincerely,
Saul Levin, MD, MPA
CEO and Medical Director
American Psychiatric Association



Jagannathan Srinivasaraghavan, MD
First Asia Pacific Conference of the
International Academy of Law & Mental
Health

At the first Asia Pacific Conference of the International Academy of Law & Mental Health took place from December 15-17th in Bangalore, India. Dr. Srinivasaraghavan was honored with a silk shawl, Maharaja of Mysore turban (headdress) and a silver plate memento.

Dr. Srinivasaraghavan was instrumental in bringing the conference to India along with several international speakers. Dr. Gopalakrishnan (organizer) is pictured to the right of Dr. Srinivasaraghavan and Dr. Jayaprakash (co-organizer) is to his left. The guest of honor was former supreme court justice, Honorable Gopala Gowda. The meeting took place at the MVJ Medical College and the National Institute of Mental Health & Neurosciences (NIMHANS). 584 delegates attended making it a great success. Dr Phillip Resnick released the supplement to the Indian Journal of Psychiatry on Forensic Psychiatry.

Glimpses of the meeting can be found in the link below:

<https://www.facebook.com/media/set/?set=a.10210502148803416.1073741896.1035997751&type=1&l=960e9c8a6c>



Pride of our Association: Harsh K. Trivedi, MD; MBA

It is a privilege and pleasure to share the success story of a distinguished IAPA member and the pride of our Association – Harsh K. Trivedi, MD, MBA. In June of 2016, Dr. Trivedi became the President and Chief Executive Officer of the prestigious Sheppard Pratt Health System (the largest private, non-profit provider of mental health and substance use services in the U.S).

Formerly, Harsh served as the Chief Executive Officer of Vanderbilt Psychiatric Hospital and the vice chair of clinical affairs in Vanderbilt University's department of psychiatry. A graduate of the Mount Sinai School of Medicine, Dr. Trivedi went on to complete his residency in general psychiatry at the Zucker Hillside Hospital of the Albert Einstein School of Medicine. He then became a Congressional Health Care Fellow and worked with U.S. Senator Jack Reed (D). During this period, he crafted the Campus Care and Counseling Act (S.2215/H.R.3593) which was signed into law in 2006. It has served to provide \$160 million for youth suicide prevention programs and expanded mental health services on college campuses (part of the Garrett Lee Smith Memorial Act).

Harsh completed his child and adolescent psychiatry training at the Boston Children's Hospital of Harvard Medical School. He has served as the director of adolescent services and the site training director at Bradley Hospital and as assistant professor of psychiatry at Brown University.

Currently, Harsh holds a leadership position on the governing council of the American Hospital Association, chairs the Council on Healthcare Systems and Financing for the American Psychiatric Association, and represents the field of psychiatry in the American Medical Association House of Delegates. He is active in the American Academy of Child & Adolescent Psychiatry and is a member of the American Association for Physician Leadership.

Harsh has served as the consulting editor of the Child and Adolescent Psychiatric Clinics of North America since 2008. He is a reviewer for the Journal of the American Academy of Child and Adolescent Psychiatry, and has co-authored several books, book chapters and articles. Harsh has been awarded the American Medical Association Foundation Leadership Award, the American Psychiatric Foundation Spurlock Congressional Fellowship Award, and the American Association of Directors of Psychiatric Residency Training Ginsberg Award.

In 2003, the IAPA recognized signs of Dr. Trivedi's exceptional talent and he was honored with the Outstanding Resident Award. His laurels only attest to his distinction and merit. During his tenure at Vanderbilt University, Harsh admirably and actively served Tennessee Chapter of the IAPA.

We congratulate Harsh for his hard-earned success and wish him and his wife, Urmi, and their sons, Amar and Aarav, the very best.

Cheers!
Rudra Prakash, MD; DLFAPA
Trustee, Indo American Psychiatric Association

Congratulations to the IAPA 2016 Outstanding Award Recipients

Academician: Dinesh Cyril D'Souza, MD, Yale University, CT

Service: Chand Nair, MD, Philadelphia, PA

Public Sector: Deen Chandora, MD, Riverdale, GA

Chapter: Tennessee Chapter (President Sri Moturi, MD)

Resident: Tanuja Gandhi, MD, Forensic Psychiatry Fellow, Yale University, CT

Georgia Chapter Meeting

Harshad Patel, MD, President, IAPA-Georgia chapter

On behalf of the IAPA-GA chapter, I am very happy to inform you that we had a very successful 13th Annual meeting on Saturday, September 10th, 2016 at the Holiday Inn conference center in Roswell, GA. Team work by members and past presidents Drs. Piyush Patel, Mahendra Shah and Dr. Dilip Patel was the key to the success of our meeting. They worked hard to balance education with entertainment and made the experience both valuable and enjoyable. Most attendees actively participated by visiting exhibits, learning from the scientific sessions and enjoying an entertaining evening.

The meeting began with Ganesh stuti followed by a patriotic song by Indian Idol fame vocalist, Madhuri Haritwal. The scientific programs included presentations on "LAI Benefits in Schizophrenia" and "Pharmacogenetic testing and its Applications in Clinical Practice". We were honored by the presence of Dr. Joseph Bona, President of the Georgia Psychiatric Physicians' Association (GPPA) and Dr. Vijay Maurya, President of the Georgia Association of Physicians of Indian heritage (GAPI). Both gave inspirational speeches and acknowledged the strength of our chapter.

Messages were sent via email with photo link to attendees and sponsors thanking them for their participation and acknowledging their contribution in supporting our organization. We were able to raise over \$24,000.

Grand Sponsors:

1. Alkermes 2. Alpha Genomix Laboratories Platinum Sponsors: 3. Lab Solutions 4. Lakeview/Riverwoods Behavioral Health Gold Sponsors: 5. Allergan 6. Arbor Pharma 7. Assurex 8. Emed EMR 9. GBHP Med Center 10. Janssen 11. Laurel Heights/UHS Inc 12. Merrill Lynch 13. MHM Careers 14. Merck 15. Neos 16. Otsuka 17. Peachford Hospital & Summit Ridge Hospital 18. PRMS 19. Ridgeview Hospital 20. Shire 21. Sunovion 22. Takeda Pharmaceuticals & Lundbeck 23. Valeant Pharmaceuticals & Virtuoso Healthcare Group

For information about and photos of the meeting please visit our website: <http://www.iapageorgia.org> . We highly encourage non-member participants to become life-time members of the IAPA.

Florida Chapter Meeting

The Florida Chapter of IAPA met on Saturday, Sept 24th, 2016 at the Hilton St. Petersburg Bayfront during the fall meeting of Florida Psychiatric Society. We were honored by the gracious presence of Dr. Saul Levine, Medical Director of the American Psychiatric Association (APA) who attended meeting and met with the members. He expressed his commitment and support for IAPA, and shared his vision to encourage and expand diversity in the APA. Various other topics were discussed including issues related to Maintenance of Certification (MOC).



From left to right:

Drs. Krithika Iyer, Bhagi Sahasranaman, Saul Levin, Sneh Kapila, Israt Jahan, Prasanti Tatini, Krishnan Batra.

IAPA Fall Meeting

The IAPA Fall meeting was hosted by the Tristate Chapter in Plymouth Meeting Pennsylvania on Oct 22, 2016. Chapter President Chand Nair, Cherian Verghese, MD and Rama Rao Gogineni, MD did an excellent job in making local arrangements and hosting a well attended scientific meeting.

Salman Akhtar, MD, Professor of Psychiatry at Thomas Jefferson University, Philadelphia gave a thought-provoking presentation on "The experience of time: Cultural and Clinical Dimensions" followed by a panel discussion led by Dr Rao Gogineni. A presentation was made by Dr. Cherian Verghese on "Measurement-based Scales in Major Depressive Disorder: Implementing Patient-reported Outcome Scales with the Goal of Improving Treatment Outcomes".

Dr. Salman Akhtar was presented an appreciation award by the IAPA Tristate Chapter for his contributions to the Chapter and Indian American Psychiatrists. The meeting was followed by an excellent dinner.



From left to right:
Drs. Chand Nair, Salman Akhtar, Ashwin Patkar and Rama Rao Gogineni

Abstract Submission for the 2017 Scientific Conference

The Scientific Committee of the IAPA is currently seeking applications from residents, fellows and early career psychiatrists (ECPs) of Indian origin to present at the Annual IAPA Conference on **Sunday, May 21st in San Diego, CA**. The theme of this year's conference is "Geriatric Psychiatry, Wisdom, and Aging," however abstracts pertaining to all topics in psychiatry will be given equal consideration for acceptance and awards.

The submitted application should include the authors' names, official address, telephone number, email address and a scientific abstract of their unique clinical or research work. The abstract should be limited to 750 words, and should include a description of the objectives, methods used, results, conclusions, and at least two pertinent references. The authors should also indicate whether they would prefer to do an oral or a poster presentation. **All applicants should be members of IAPA.** Abstracts that have been presented at other conferences within the last year may also be submitted. The top three abstracts chosen by the IAPA Scientific Committee will receive awards.

Applications should be emailed to both Drs. Neeral Sheth (Neeral.Sheth@gmail.com) and Tanuja Gandhi (drtanujagandhi@gmail.com) with subject titled "IAPA Abstract Submission [Full Name]." Please direct any questions to them.

The selected authors should be willing to travel at their expense to present at the IAPA Scientific meeting in Atlanta.

The deadline for submission is March 31st 2017.

Ashwin Patkar, MD
President, IAPA