

Tanuja Gandhi, MD

Candidate for Resident Fellow Member Trustee-Elect

BIOSKETCH

Tanuja Gandhi is an enthusiastic resident who completed her psychiatry residency training from the Albert Einstein Medical Center in Philadelphia and is currently a Forensic Psychiatry fellow at Yale. In future, she intends to pursue Child Psychiatry and in the long term, advocate for mental health internationally.

Tanuja became involved with the APA and the IAPA during her residency years and continues to serve as an APA Diversity Leadership fellow and as a Member-In-Training representative of the IAPA. Over the years, she has served in various leadership positions and been the recipient of several awards including the IAPA's Mentor-Mentee Award, Ruth Fox Scholarship, Resnick Award, Resident Achievement Award by the Philadelphia Psychiatric Society and the Outstanding Psychiatric Resident Award.

As a Resident-Fellow Member Trustee (RFMTE), Tanuja aims to engage and promote trainee involvement from a district to an international level, with the APA. Her experience of work with the APA, familiarity with minority issues, advocacy and leadership skills make her uniquely qualified to represent RFM's on the APA Board of Trustees.

MY VISION REGARDING APA & HOW APA CAN WORK CLOSELY WITH IAPA

The IAPA has played an integral role in my growth as a resident and clinician through opportunities for education, mentorship and support. As an organization, the IAPA provides a platform for growth, mutual support, mentorship and collaboration.

The changing face of modern psychiatry highlights newer challenges that we face as a profession. In addressing the challenges, I believe that it would be important to advocate for psychiatric representation at every step of the health-care decision process including at our legislative bodies and allied organizations. **The APA and IAPA can work together in identifying areas of work and barriers to mental health advocacy. As we face the critical issue of a workforce shortage, the APA and IAPA can also work together in developing and supporting culturally sensitive collaborative care models, opportunities for partnership and foster the growth of trainees in Psychiatry.**

If elected, Resident-Fellow Member Trustee-Elect (RFMTE) of the APA, I will advocate for enhanced opportunities for all trainees through focus on inclusion of Technology in Clinical Practice, Collaborative & Integrated Care models, Mental Health Policy & Advocacy and Training, Mentorship, & Professional Development.

I am committed to working with all the residents and fellows to best represents their needs and interests on the APA Board. So, I urge all the members to exercise their right to vote as an APA member!