

## IAPA Announces 2009 Excellence Awards

### Mary Ganguli, MD, MPH, FRCP(C) Outstanding Academician Award



Dr. Mary Ganguli completed medical school and internship at Christian Medical College, Vellore (Madras University). Her residency training in general psychiatry was completed first at Memorial University of Newfoundland (Canada) and then at the University of Pittsburgh (USA). In 1981, she obtained a Master's in Public Health with a concentration in epidemiology. Dr. Ganguli is certified in general psychiatry by the Royal College of Physicians of Canada, as well as the American Board of Psychiatry and Neurology, with a subspe-

cialty certification in Geriatric Psychiatry.

Dr. Ganguli joined the faculty of the University of Pittsburgh in 1979, where she now is a tenured Professor of Psychiatry, Neurology, and Epidemiology at the School of Medicine and the Graduate School of Public Health. She is teacher, educator, and mentor for general psychiatry residents, fellows in geriatric psychiatry, and at graduate, doctoral, and post-doctoral students in epidemiology. Academically, Dr. Ganguli has served on various NIH study sections and as a grant reviewer for the Alzheimer Association and funding agencies in other countries including Canada and the UK. She is a member of the APA's DSM-V Task Force Work Group on Neurocognitive Disorders, and of the American Academy of Neurology's work group on Mild Cognitive Impairment. She is an Associate Editor of the journals *International Psychogeriatrics* and *Journal of the American Geriatrics Society*.

Additionally, she serves as director of psychiatric services at the Benedum Geriatrics Center of the University of Pittsburgh Medical Center and is a member of the National Advisory Council on

Aging (NIA Council). Her clinical and research activities are in late-life mental disorders, particularly the dementias, including Alzheimer's disease. Since 1986 her research has been continuously funded by the National Institute on Aging. She has been Principal Investigator of four major NIA-sponsored epidemiological studies, three of them in southwestern Pennsylvania, and one in Ballabgarh (Haryana), India. The focus of these studies has been on the prevalence and incidence of dementia and mild cognitive impairment, on risk factors for these conditions, and their outcomes, at the population level. Her interests also include cross-cultural studies and development of appropriate tools for studying different populations. Information about these studies as well as lists and abstracts of resulting publications may be viewed at [www.wpic.pitt.edu/research/dementia\\_epidemiology](http://www.wpic.pitt.edu/research/dementia_epidemiology).

In addition, Dr. Ganguli is committed to advocacy activities for causes such as human rights, civil liberties, universal health care, mental health awareness and rights, and women's rights.

## President's Message

April 6, 2009

Dear Friends,

Greetings!

Today I write my last message to you as the President of Indo American Psychiatric Association. At the May 17, 2009 IAPA Conference we will elect a new Executive Committee for 2009-2011. Dr Shiv Hatti will take over as the next IAPA President and I will move to the Board of Trustees.

I look back at my years with the IAPA as a life member and as your President with fondness and pride. My journey with the IAPA started many years ago when Dr. J. Srinivasaraghavan, with his well known persuasive abilities convinced me to become a Life Member and get involved with the Mid West Chicago Chapter, which has been renamed as the Illinois Chapter. Not one to remain on sidelines as a spectator, I soon became the Chapter President. Soon after I was elected the Treasurer for the national office of IAPA and became its president in 2007. As your President, I had the opportunity to meet many new people and to represent you. Serving you and this organization has given me immense pleasure.

I feel proud of our organization and what we stand for. I feel good to be part of what we have achieved together. Our membership continues to grow. It is heartwarming to see many first as well as second generation young psychiatrists of Indian origin joining our organization. We profiled ten bright members- in -training and early career psychiatrists in our special issue of FORUM in Oct 2008. These ten were a small representation of many other IAPA members who are making a name for themselves in the field of Psychiatry.

The IAPA continues to play a major role in the American Psychiatric Association. Past several years have seen one or more of our members contesting and winning the elections for the APA offices. Dr Dilip Jeste was elected a Trustee-at-Large for 2008-2011. Dr. Srinivasaraghavan is the Vice President of American Academy of Psychiatry & the Law (AAPL). A number of our members are represented in the APA assembly and various components of the APA. Drs Geetha Jayaram, Iqbal Ahmed, Anand Pandya, Srijan Sen, Anu Matorin and I are members of the APA Scientific Program Committee and have helped shape the APA Convention this year. Practically every year, APA has honored some of our members with major awards. This year, Dr Nyapati Rao will be receiving George Tarjan Award and I, the Alexandra Symonds Award. I hope you will attend our Award lectures. While there are several presentations at the APA by our members, IAPA as part of a media workshop will be screening the movie 'Provoked' depicting the true of a survivor of domestic abuse. Dr Vishal Madan, one of our MITs is the Chair for this media workshop.

At the 61st Annual National Conference of Indian Psychiatric Society (ANICIPS) meeting at Agra in 2008, held under the leadership of Dr. E. Mohan Das, President of the Indian Psychiatric Society, I and other representatives of IAPA worked closely with our sister organizations e.g. Indo British Psychiatric Organization (BIPA), Indo Canadian Psychiatric Organization, Indo Australian Psychiatric Organization to strengthen our ties and to collaborate with each other to promote education, service and research. Dr Sanjay Dube, IAPA liaison to the Indian Psychiatric Society has written a summary of the ANICIPs 2009 which is published in this issue of THE FORUM.

In the past two years, I have had the good fortune of working with a stellar Executive Committee. Drs Shiv Hatti, Rudra Prakash and Vani Rao as President Elect, Secretary and Treasurer respectively are wonderful to work with. Drs Malini Patel, Geetha Jayaram and Sudha Pratikanti as Councilors could always be counted on for sound advice. I owe my deep gratitude to Drs. Antony Fernandez and Radhika Sriram for serving as Co-editors of the FORUM and for mentoring Drs Anu Matorin and Vijay Chennamchetty as Contributing Editors. Drs Manoj Shah and Asha Mishra were always there as my guides.

I hope to see you on Sunday May 17, 2009 when our team has organized a great Scientific Program followed by the Banquet and Award Ceremony.



With warm regards,

Surinder Sucha Nand M.D.

**Surinder Nand, M.D.**

President

(708) 386-2588

[surindernand@hotmail.com](mailto:surindernand@hotmail.com)

**Shivkumar Hatti, M.D., M.B.A**

President-Elect

(610) 891-9024 ext. 104

[shatti1@aol.com](mailto:shatti1@aol.com)

**Rudra Prakash, M.D**

Secretary

(615)902-7782

[shatti1@aol.com](mailto:shatti1@aol.com)

**Vani Rao, M.D.**

Treasurer

(410) 955-6158

[vrao@jhmi.edu](mailto:vrao@jhmi.edu)

**Anu Matorin, M.D.**

Newsletter Co-Editor

(713) 500-2571

[anu.a.matorin@uth.tmc.edu](mailto:anu.a.matorin@uth.tmc.edu)

**Vijay Chennamchetty, M.D., M.P.H.**

Newsletter Co-Editor

(760) 351-2820

[chennamchetty@gmail.com](mailto:chennamchetty@gmail.com)

**Asha Mishra, M.D.**

Immediate Past President

(804) 768 7610

[mishraa@chesterfield.gov](mailto:mishraa@chesterfield.gov)

### **Main Office:**

**Shivkumar Hatti, M.D.**

President-elect

107 Chesley Drive, Unit # 4

Media, PA 19063

(610) 891-9024 ext. 104

fax: (610) 891-9699

[shatti1@aol.com](mailto:shatti1@aol.com)

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**Sanjay Dubé, MD**  
**Outstanding Service**  
**Award**



Sanjay Dubé, MD, is a graduate of King George's Medical University (KGMU) in Lucknow, India, where he earned his MBBS, an MD in Psychiatry and served as a lecturer and Research Fellow of the Indian Council of Medical Research in the Department of Psychiatry. He went on to complete another General Psychiatry residency at the Lafayette Clinic of Wayne State University in Detroit, Michigan, USA and the subsequently joined the prestigious University of Pittsburgh Western Psychiatric Institute and Clinic where he was an Associate Professor and extensively involved in clinical, research and education and teaching activities. Dr. Dubé has served as a temporary advisor to the World Health Organization (WHO) in Copenhagen, Denmark, and to the WHO Division of Mental Health in Geneva, Switzerland.

Currently, he is a Senior Medical Fellow in Neuroscience at Lilly Research Laboratories, Indianapolis. He is involved in early phase drug discovery efforts in Neuroscience at Lilly Research Laboratories and has been successful in getting approval of new drugs for use for Neuroscience indications. He also maintains a clinical faculty appointment in the Department of Psychiatry at the Indiana University School of Medicine and the Western Psychiatric Institute and Clinic at the University of Pittsburgh.

Dr. Dubé has been extensively involved in IAPA activities since the early 90's

when he was a co-founder of the Pittsburgh Chapter. He currently serves on the IAPA Board of Directors and has held several positions on its executive board including its Presidency. Dr. Dubé has been extensively involved in recruitment efforts, the organization of educational activities, and scientific symposia for the IAPA. He has been the IAPA representative to the AAPI, the Chair of Industry liaison for AAPI, and most recently to the Indian Psychiatric Society. As Chair of the International Medical Graduates (IMGs) Committee for many years, he has provided guidance to the APA regarding issues of importance to IMGs.

Dr. Dubé is a Fellow of the American Psychiatric Association (APA, serving on the Asian-American Committee, a member of the Society of Biological Psychiatry, and the International Society Clinical Trial Methodology. He has served as an examiner for the American Board of Psychiatry and Neurology and on the Clinical Skills Board setting exam of the National Board of Medical Examiners. He has been on the Editorial board for several international peer reviewed journals and is currently also on the Editorial Board for the Indian Journal of Psychiatry. He has authored or coauthored over a hundred peer reviewed published articles and abstracts, has contributed to several book chapters. Dr. Dubé has received grants from agencies such as the NARSAD, NIMH and from pharmaceutical industry. He has been a principal investigator for many clinical trials studying tardive dyskinesia, antidepressant medications in different populations, the comparison of oral and intravenous treatment of depressive states, sleep and the cholinergic system in mood disorders, cognition in schizophrenia, ADHD, treatment resistant depression and neuroimaging

**Jyoti Ramesh Shah,**  
**MD, DFAPA**  
**Exemplary Public Sector**  
**Psychiatrist Award**



Jyoti R. Shah, MD, is a graduate of M.P. Shah Medical College. She completed her rotating internship at Civil Hospital in Rajkot, India and her psychiatry residency at

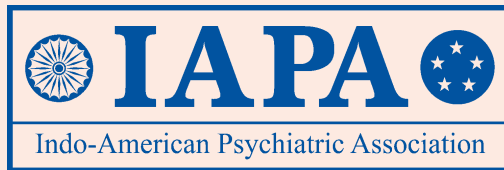
St. Vincent's Hospital and Medical Center in New York. Presently, she serves as Medical Director of Northeast Behavioral Health Care Consortium. She has held numerous clinical, administrative, and academic positions, including, Chief of Psychiatric Services, Children's Service Center and Chief, Mental Health and Behavioral Services of the VA Medical Center at Wilkes-Barre, PA, as well as, Clinical Assistant Professor of Psychiatry at Allegheny University of the Health Sciences in Philadelphia, PA.

Dr. Shah is president of a National Alliance on Mental Illness (NAMI) Pennsylvania since October 2006. She has served on the NAMI Board since 2004. She has been an Advocate, Educator and Supporter of NAMI since 1990. She has been a recipient of the Exemplary Psychiatrist Award from NAMI in 1992, NAMI Pennsylvania Psychiatrist of the year Award in 2002 and NAMI Exemplary Psychiatrist for Older Individuals in June 2003.

Additionally, Dr. Shah was recognized for her outstanding efforts as Chief of Psychiatry for the Department of Veteran Affairs Medical Center. She received the Director's Commendation in 1993, Community Contribution Award in 1996 and again in 1997 and the Director's Award in 2003.

Dr. Shah is a past president of the Pennsylvania Psychiatric Society (PPS) and a member of the Executive Committee for PPS. She was honored with the Pennsylvania Outstanding Achievement in Leadership Award in 2006. She is also

*(continued on page 11)*



**Join the IAPA Today!**

## **Membership Categories and Dues**

**1. Life Member: One-time dues payment of \$250 .**

Eligibility: Psychiatrists of Indian origin who have completed their required training in psychiatry and who live in the United States or Canada. Alternatively, post-graduate physicians of Indian origin who are in an approved psychiatric residency training program in the United States or Canada.

**2. Associate Life Member: One-time dues payment of \$150.**

Eligibility: Psychiatrists of non-Indian ethnic origin, non-psychiatric physicians, and non-physician mental health professionals who live in the United States or Canada.

**3. Corresponding Member: Annual dues of \$25 per calendar year.**

Eligibility: Psychiatrists and mental health professionals who live outside the United States or Canada.

**4. Member-in-Training: No dues.**

Eligibility: Post-graduate physicians of Indian origin who are in an approved psychiatric residency training program in the United States or Canada.

**5. Honorary Member: No dues.**

Eligibility: Elected by IAPA council members for outstanding contributions to the field of mental health and / or for promoting the goals and objectives of the association.

***Life Members and Members-in-Training will be the only categories of membership having voting rights in the association.***

**Download/print the membership form and mail it with your payment. @ [www.myiapa.org](http://www.myiapa.org)**

**Alternatively, contact us and we can send you a membership form by fax or email.**

**Indo-American Psychiatric Association  
107 Chesley Drive, Unit # 4, Media, PA 19063 Telephone: 610-891-9024 EXT 115**

# Programs of Special Interest

Program	Director and Faculty	Date and Venue	Program/ Course #
Brain Stimulation Therapies in Psychiatry	Director: Ziad H. Nahas, M.D. Faculty: Linda Carpenter, M.D., Darin Dougherty, M.D., Husain Mustafa, M.D.	Sat., May 16, 2009, 8-12; Moscone Center	1
Psychiatric Consultation in Long Term Care: Basic Course	Director: <b>Abhilash K. Desai, M.D.</b> Co-Director: George Grossberg, M.D.	Sat., May 16, 2009, 8-12; Moscone Center	3
Basic Concepts in Administrative Psychiatry I	Director: Barry K. Herman, M.D. Faculty: L. Mark Russakoff, M.D., <b>Shivkumar Hatti, M.D.</b> , David Nace, M.D., Sy Saeed, M.D.	Sat., May 16, 2009, 9- 4; Moscone Center	7
Psychiatric Interventions in Disasters and Public Health Emergencies: Theory to Practice	Director: <b>Anand Pandya M.D.</b> Faculty: Cohen Judith, M.D.	Sun., May 17, 2009, 8-12; Moscone Center	15
Psychiatric Consultation in Long-term Care: Advanced Course	Director: <b>Abhilash K. Desai, M.D.</b> Co-Director: George Grossberg, M.D.	Sun., May 17, 2009, 8-12; Moscone Center	16
The IMG Institute	Director: <b>Nyapati R. Rao, M.D.</b> Faculty: Gerald Whelan, M.D., Milton Kramer, M.D., <b>Mantosh Dewan, M.D.</b> , Peter Buckley, Priyanthy Weerasekera, M.D., Jacob Sperber, M.D.	Sun., May 17, 2009, 9-4; Moscone Center	19
Management of Psychiatric Disorders in Pregnant and Postpartum Women	Director: <b>Shaila Misri, M.D.</b> Faculty: Shari Lusskin, M.D., Diana Carter, M.D., Deirdre Ryan, M.D.	Sun., May 17, 2009, 1-5; Moscone Center	32
Research and Publishing on a Shoestring Budget	Director: <b>Mantosh J. Dewan, M.D.</b> Faculty: Michele Pato, M.D., Edward Silberman, M.D.	Mon., May 18, 2009, 8-12; Hilton San Francisco	40
Psychiatrists' Role in Prevention and Intervention in Domestic Violence Among Southasians	<b>Surinder S. Nand, M.D.</b> (Alexandra Symonds Award Lecture)	Mon., May 18, 2009, 9-10:30	L04
Psychiatric Education Across Civilization: The Search for a Guru and the IMG	<b>Nyapati Rao, M.D.</b> (George Tarjan Award Lecture)	Mon., May 18, 2009, 11-12:30	L07
Provoked: Combating domestic violence	Co-Chairs: <b>Vishal Madan, M.D.</b> , <b>Surinder S. Nand, M.D.</b>	Tue., May 19, 2009, 9-12:30; Room 124, Exhibit Level North, Moscone Center	MW4
Anxiety in Patients with HIV: Importance, and Diagnostic and Treatment Challenges	<b>Ramaswamy Viswanathan, M.D.</b> , <b>D.Sc.</b> , <b>Aparna Dole, M.D.</b> , Philip Bialer, M.D., Maria Tiamson, M.D.	Tue., May 19, 2009, 11-12:30	F 05
Herbs, Nutrients, and Yoga for Anxiety, PTSD, Depression, Bipolar, Cognitive Enhancement, Brain Injury, ADD, Schizophrenia, and Sexual Enhancement	Director: Patricia L. Gerbarg, M.D. Co-Director: Richard Brown, M.D. Faculty: <b>Monica Vermani, M.A.</b> , Martin Katzman, M.D.	Tue., May 19, 2009, 9- 4; Hilton San Francisco	63
Treatment of Schizophrenia	Director: Philip G. Janicak, M.D. Faculty: Morris B. Goldman, M.D., Stephen R. Marder, M.D., <b>Rajiv Tandon, M.D.</b> , Philip Janicak, M.D.	Tue., May 19, 2009, 9- 4; Hilton San Francisco	65
Yoga of the East and West: Integrating Breath Work and Meditation into Clinical Practice	Director: Patricia L. Gerbarg, M.D. Co-Director: Richard Brown, M.D. Faculty: <b>Monica Vermani, M.A.</b> , Martin Katzman, M.D.	Wed., May 20, 2009, 9- 4; Hilton San Francisco	77
The Post 9-11 Era: Understanding the Cultural Issues in the Psychiatric Treatment of Muslim Patients	Co Chairs: <b>Nafisa Ghadiali, M.D.</b> , <b>Nancy Abdel-Wahab, M.D.</b> Faculty: <b>Surinder S. Nand, M.D.</b> and others	Wed., May 20, 2009, 11-12:30: Room 224, Mezzanine Level East, Moscone Center	IW51

## 2nd Indo-US Healthcare Summit Brief Mental Health Section Report

Dr. Anand K. Pandurangi, MD, Chair (USA) and Dr. Nimesh G. Desai MD, MPH Chair (India) for the MH Panel. Contact a p a n d u r a n g i @ m c v h - v c u . e d u ; ngd1955@rediffmail.com for detailed report and follow-up activities.

This summit (HCS) was held in New Delhi from January 2 - 4, 2009. Mental health was one of the six specialties chosen. The summits are a forum to discuss collaboration between physicians in the US and India on medical education, health care services and research. The sponsors are the American Association of Physicians from India (AAPI) and Indian Medical Association (IMA). IAPA has been an active supporter of the summit process. Depression had been chosen as the paradigmatic disorder at the 1st Summit, to understand the challenges and opportunities in mental health. At the 2nd Summit the following were identified as potential areas and methods for collaboration- essentially as Action Points:

**Leadership & Public Education:** Successful models and methods as and where available from abroad to be customized for India, with core messages, such as Major Depression is a brain disorder; Depression is a no-fault condi-

tion; Depression is highly treatable and help is available; Timely treatment can improve symptoms, enhance quality of life and prevent disability and suicide. Encourage partnerships between teams from USA & India to work out suitable models in leadership & public education, specifically based on the experience in USA & other parts of the western world, including successes & failures. Key leadership groups like the top officials of agencies ex.: MCI, government agency heads at the state & national levels, to be targeted. . Removing stigma within medical fraternity by collaboration with IMA/IPS to showcase psychiatry as evidence-based, and collaborative CMEs/CPDs. Utilize pro-active education and event responsive strategies. Recognize that stigma raises its ugly head at important stages of life, such as employment and marriage.

**Professional Education (UG, PG & CME):** UG medical education in psychiatry in many (but not all) medical colleges of India is weak, and CME in psychiatry & mental health is limited. AAPI, IAPA and other organizations should work with IMA, IPS and academic psychiatry, and assist MCI in developing a robust curriculum and clinical training programs. Models of excellence in psychiatry should be show cased to increase student interest. Psychiatry should become a primary clinical subject in UG education. Relationships between

US/UK universities and mid-level Indian medical institutions should be encouraged and supported. Develop joint CME programs for psychiatrists and non-psychiatrists.

**Target Treatment of Depression as Public Health Priority & Reduce Complications of Depression (Suicide, Alcoholism):** All efforts to make the treatment of Depression as a Public Health Priority- through the Govt programmes like the National Mental Health Programme(NMHP), and collaborative initiatives between the NMHP & the national network of IMA. Efforts to support decriminalizing attempted suicide. Identify vulnerable groups and conduct pilot studies on risks and interventions. Provide expertise and technology to include depression, psychosis, alcoholism, and suicide in the national data registry. Education of medical colleagues on alcoholism as a link between psychiatric and medical disorders.

**Integrating MH Treatment & Primary Health Care:** Training of the private sector general practitioners in mental health disorders, and specifically depression. Develop or suitably modify and update existing training modules on “psychiatry for primary care”, and alcoholism for use by general physicians in India. Promote and assist in the use of electronic media and telemedicine for quick and long distance dissemination of information.

## 61<sup>st</sup> Annual National Conference of the Indian Psychiatric Society (ANCIPS)

Several members of the IAPA and the APA attended the ANCIPS meeting held from Jan 8-11, 2009. The conference was held on the historic celebration of the 150 years of the Agra Mental Hospital under the shadow of the famous Taj Mahal. The IAPA contingent was well represented and included Drs. Surinder Nand (President), Shiv Hatti, Anand Pandurangi, Meera Narsimhan, MS Keshavan, Rajiv Tandon, Antony Fernandez, Jaganathan Srinivasraghavan and Sanjay Dube. Several Scientific Sessions were presented by IAPA members on various topics that included Alzheimer's Disease, Unipolar Depression and Bipolar Disorder, Schizophrenia, Antipsychotics, Somatic Symptoms in De-

pression, Training and Fellowship opportunities in the US and Research Methodology. Dr. Dubé was invited to give a plenary oration in memory of his father Dr. K.C. Dubé and spoke on “Serendipity: lessons of our forefathers”. The President of the APA Dr. Nada Stotland, APA Speaker –Elect Dr. Gary Weinstein and Dr George Vaillant also graced the meeting with their presence. Dr. Stotland presented the plenary session. Additionally, there were attendees from Canada, UK and Australia, thereby providing a rich mix of Indian expats and local members. The few days in Agra provided many opportunities to engage in a scientific dialogue and explore opportunities for future collaborations. The meeting was well organized with high quality presentations both by the US delegates and the IPS members. The meeting was well coordinated, the local hospitality extremely cordial and the social events spectacu-

lar. Dr. E. Mohandas, the President of the IPS was a gracious host and despite his hectic schedule, he attended to our needs in every manner possible. There was a meeting between the IPS leadership and that of the IAPA, BIPA, Canadian and IAUPIA which confirmed a mutual desire for collaboration in areas of research, education and service. To this, there will be further dialogue over the year as we prepare for the next meeting to be held in the cultural heartland of India in Jaipur, Rajasthan. Dr. Shiv Gautam will be the Organizing Secretary for this meeting. There was little, but much anticipated time left for visiting the Taj Mahal and the other historical delights that Agra's rich heritage had to offer.

Sanjay Dubé M.D.  
IAPA liaison to ANCIPS

# Membership Application & Information for Directory

1. Name \_\_\_\_\_ 2. Gender \_\_\_\_\_
3. Languages spoken \_\_\_\_\_
4. Home Address \_\_\_\_\_
5. Office Address \_\_\_\_\_
6. Email \_\_\_\_\_
7. Telephone (H) \_\_\_\_\_ (O) \_\_\_\_\_
8. Fax (H) \_\_\_\_\_ (O) \_\_\_\_\_
9. Date & Place of Birth \_\_\_\_\_
10. Medical School Name & State \_\_\_\_\_  
Year of graduation \_\_\_\_\_
11. Residency \_\_\_\_\_
12. Fellowship \_\_\_\_\_
13. Board Certification: Specialty \_\_\_\_\_  
Sub-specialty \_\_\_\_\_
14. Membership in Organizations (circle all applicable): IAPA AAPI APA FAPA  
Other \_\_\_\_\_
15. Present Position (circle all applicable):  

Private Practice	Administration
Private Institution-Clinical	Teaching
Public Institution-Clinical	Research
16. Academic Titles \_\_\_\_\_
17. Honors/Award \_\_\_\_\_
18. Interests (circle yes or no for each area):
 

a) Developing IAPA Chapters	Yes	No
b) Treating patients of South Asian Origin	Yes	No
c) Developing culturally-sensitive programs for South Asian community	Yes	No
19. Requested Membership in IAPA (circle one appropriate category):  

Life member (\$250 one-time dues)	Corresponding member (\$25 annual dues)
Member-in-training (no dues)	Associate member (\$25 annual dues)

Enclosed is my check in the amount of \$ \_\_\_\_\_.

Please include my name, gender, address, email, telephone number, fax number, and languages spoken in the IAPA Directory:  Yes  No.

I give consent to include all of the above information in the IAPA Database, which can be used for research and sharing with members:  Yes  No.

**This information will not be used or shared for marketing purposes.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please mail this application with your check to:  
Indo-American Psychiatric Association, 107 Chesley Drive, Unit # 4, Media, PA 19063

# The Indo-American Psychiatric Association

## 30th ANNUAL SCIENTIFIC PROGRAM

Sunday, May 17, 2009; 1.30 – 4:30 p.m.

### Venue: “NEW DELHI”

160 Ellis Street, San Francisco, CA 94102  
(415) 397-8470 • [www.newdelhirestaurant.com](http://www.newdelhirestaurant.com)

- 1:30 PM Welcome  
Surinder Nand, M.D.  
President, IAPA  
Professor of Clinical Psychiatry  
University of Illinois, Chicago, IL
- 1:35 PM Outstanding Academician Lecture  
“The Road Less Travelled: Adventures in Psychiatric Epidemiology”  
Mary Ganguli, M.D., M.P.H.  
Professor of Psychiatry, Neurology and Epidemiology  
University of Pittsburg, Pittsburg, PA
- 2:20 PM Tea Break
- 2:40 PM Panel Discussion  
“Roles of Overseas Psychiatrists of Indian Origin (PIO)  
And Mental Health in India: A Dialog”  
Co-moderators:  
Shivkumar Hatti, M.D., M.B.A.  
President Elect, IAPA  
Clinical Assistant Professor  
Thomas Jefferson University  
Philadelphia, PA  
  
Rudra Prakash, M.D.  
Secretary, IAPA  
Clinical Professor of Psychiatry  
Vanderbilt University  
Nashville, TN
- 2:50 PM – 3:30 PM Presentations  
Asha Mishra, M.D.  
Chair, AAPI’s India Health Initiative: Mental Health  
Subcommittee  
“History, mission and update”  
  
Anand Pandurangi, M.D.  
Mental Health Group, Indo-US Health Summit  
“Summaries of 1<sup>st</sup> and 2<sup>nd</sup> Indo-US Summits”  
  
Geetha Jayaram, M.D., M.B.A.  
A model of service: Personal Perspective
- 3:30 PM – 4:20 PM Dialog
- 4:20 PM – 4:30 PM Conclusion and consensus

The IAPA would like to thank Janssen, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc. for their generous sponsorship



# The Indo-American Psychiatric Association

## BUSINESS MEETING & BANQUET

Sunday, May 17, 2009; 6:00 – 11:00 p.m.

Venue: “NEW DELHI”

160 Ellis Street, San Francisco, CA 94102  
(415) 397-8470 • [www.newdelhirestaurant.com](http://www.newdelhirestaurant.com)

6:00 PM	Registration
6:30 PM – 7:30 PM	Social Hour
7:30 PM	President’s Address Surinder Nand, M.D.
8:00 PM	Presentation of Awards <ul style="list-style-type: none"><li>· Outstanding Academician Mary Ganguli, M.D., M.P.H. Professor of Psychiatry, Neurology and Epidemiology University of Pittsburg Pittsburg, PA</li><li>· Outstanding Service Sanjay Dubé, M.D. Past President, IAPA</li><li>· Exemplary Public Sector Psychiatrist Jyoti R. Shah, M.D., D.F.A.P.A. Medical Director of Northeast Behavioral Health Care Consortium Moosic, PA</li><li>· Outstanding Resident Cecilia P. Margaret, M.D., Ph.D. Resident of Psychiatry University of Washington Seattle, WA</li><li>· Special Recognition Nada Stotland, M.D., M.P.H. President, APA</li></ul>
8:30 PM	Business Meeting <ul style="list-style-type: none"><li>· Surinder Nand, M.D. – Election</li><li>· Vani Rao, M.D. – Treasurer’s Report</li><li>· Shivkumar Hatti, M.D., M.B.A. Incoming President</li></ul>
8:45 PM	Banquet
	<b>Information</b> <ul style="list-style-type: none"><li>· Registration on site only</li><li>· Registration fee: Members - \$ 20; Non-members - \$ 30 (only Cash and checks accepted)</li></ul>

For further information, contact: Rudra Prakash, Secretary [rudraprakash1@yahoo.com](mailto:rudraprakash1@yahoo.com) or (615) 364-7406

# Past IAPA Awardees and Past Presidents

Year	Academician Award	Service Award	Resident Award	Public Sector Award	Past Presidents
2009	Mary Ganguli	Sanjay Dubé	Cecilia Margret	Jyoti R. Shah	Surinder Nand
2008	Prakash Masand	Anand Pandya	Srijan Sen	Subhash Chander Bhatia	Surinder Nand
2007	Ashwin Patkar	Shastri Swaminthan	Gagandeep R. Singh	Chaitanya Haldipur	Asha Mishra
2006	Philip T. Ninan	Malathi Koli	Biju Basil	C. S. Vedak	Asha Mishra
2005	Madhukar Trivedi	Malini Patel	Seeba Anam	Bhasker Dave	Sanjay Dubé
2004	Shitij Kapur,	Nyapati Rao	Kumar Budur	Janakibai Theogaraj	Sanjay Dubé
2003	Vishwajit Nimagaonkar	V. Raghuraman	Harsh K. Trivedi	-----	J. Srinivasaraghavan
2002	Salman Akthar	Geetha Jayaram	Jyotsna Agarwal	-----	J. Srinivasaraghavan
2001	D.P. Devanand	Seeth Vivek	Priyamvada Narayanan	-----	J. Srinivasaraghavan
2000	Rohan Ganguli	Asha Mishra	Arif M. Shoaib	-----	Nalini Juthani
1999	Anand Pandurangi	Rajkumari Bansal	Madhavi Prakash	-----	Nalini Juthani
1998	Mantosh Dewan	Ramakrishna Shenoy	-----	-----	R. Viswanathan
1997	K. Ranga Rama Krishnan	Rekha Ranade	-----	-----	R. Viswanathan
1996	Matcheri S. Keshavan	Ramachandran	-----	-----	Manoj Shah
1995	V. Chowdary Jampala	J. Srinivasaraghavan	-----	-----	Manoj Shah
1994	Vikram Yeragani	Velandy Manohar	-----	-----	Ashwin Pandya
1993	Rajiv Tandon	Veena Garyali	-----	-----	Ashwin Pandya
1992	None	Gopalakrishna Upadhya	-----	-----	Velandy Manohar
1991	Nalini V. Juthani	Padam Jain	-----	-----	Velandy Manohar
1990	R. Viswanathan	Barin Desai	-----	-----	Jambur Ananth
1989	George Cohelo	Prakash Ettigi	-----	-----	Jambur Ananth
1988	N.P.V. Nair	Manoj Shah	-----	-----	Girish Shah
1987	Prakash Desai	Anjali Pandya	-----	-----	Girish Shah
1986	Dilip Jeste	None	-----	-----	Y. Haveliwala
1985	Jambur Ananth	Satish C. Varma	-----	-----	Y. Haveliwala

an Area III representative in the Assembly of the American Psychiatric Association. At a state level Dr. Shah has participated in various committees with the Office of Mental Health and Substance Abuse Services (OMHSAS) which included the Strategic Planning Committee, Mental Health Needs of Older Individuals, Peer Review Committee and the Psychiatrist Leadership Committee. She is a recipient of Certification of Appreciation from Office of Mental Health and Substance abuse Services, Department of Public Welfare, Commonwealth of Pennsylvania. At local level she was a Chairperson for Mental Health and Mental Retardation from 2003-2006. She has made a significant contribution in policy making and organization of various educational programs for paramedical staff and the Justice System.



Dr. Margret is a resident psychiatrist at the University of Washington, Seattle. She is a graduate of Madras Medical College, India where she earned her Medical degree. She worked as a senior intern and research assistant in Psychiatry at Government General Hospital, Chennai prior to moving to United States. She obtained her doctoral degree in Neuroscience at the University of Tennessee looking at a rodent model of the somatosensory deficits in children with fetal alcohol syndrome. Her work was published in *Experimental Brain Research* and in *Alcoholism: Clinical and Experimental Research*.

With a long standing interest and commitment to children's mental health, she has served as a Medical Officer for a home for mentally retarded children, a Medical Officer for Alcoholics Anonymous, and organized career guidance camps for high school children and seminars promoting school mental health. Additionally, she has completed a 6 week rotation in outpatient child and adult psychiatry clinics in Chennai and Bangalore, working with underserved populations, an area of significant interest to her. In June, 2009, she will begin her fellowship training in child & adolescent psychiatry at the University of Washington.

Her professional interests are mental hygiene for youth, mental health aspects of HIV/AIDS and cultural psychiatry. She is an award winning tennis player and at leisure she enjoys spending time with her family, singing, reading and swimming.

**Cecilia P. Margret, MD, PhD**  
**Outstanding Resident Award**

## From the Editors' Desk

Although, we already count many of our IAPA members as our friends and colleagues, we look forward to getting to know many more of you as we begin our tenure as editors of *The Forum* with the April, 2009 issue. We would like to thank the IAPA Board for placing their trust in us and giving us this opportunity to be a part of the team. Also, we are deeply grateful to Dr. Surinder Nand for her mentorship, inclusivity, and guidance. Our outgoing co-editors, Dr. Radhika Sriram and Dr. Antony Fernandez have set a high bar for us to follow. Their generosity and insights have been invaluable to us and we will definitely do our best to measure up to the quality of their work.

For those of you who we have yet to meet, we would like to briefly introduce ourselves: Dr. Anu A. Matorin was born in Chandigarh, India and is currently Associate Professor & Director of Residency Training at the University of Texas Medical School at Houston. Dr. Vijay N. Chennamchetty was born in Binnaguri, West Bengal, India. He received his M.B.B.S. degree from Osmania Medical College in Hyderabad, India, and completed his residency in Psychiatry from Loyola University Medical Center, Maywood, IL. He is currently a Psychiatrist with Imperial County Behavioral Health Services, serving the medically underserved population of Imperial Valley in California.

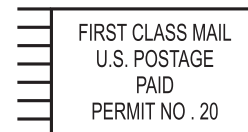
We would like to hear from you regarding ideas and comments about items that would be of interest for our newsletter. Please forward us items of interest, milestones, and accomplishments in your professional career, as well as of your medical students, residents, and colleagues. Outstanding scientific meetings and/or programs of special interest would also be areas of interest to our members that we would like to highlight.

We look forward to hearing from you and working closely with the IAPA Board to continue the spirit and tradition of *The Forum*.

Anu A. Matorin, M.D.  
Vijay N. Chennamchetty, M.D., M.P.H.



855 Bruce Drive  
East Meadow, NY 11554



## New Members

The following is a list of new Life members and Members in Training who have joined us this year. The IAPA family extends a warm welcome to all of you. Let us thank all those who have been tirelessly working to recruit new members.

### Life Member

Kirit Shah - Smyrna, GA  
Harneeta Singh - Maryland Heights, MD  
Kirit Shah - Mableton, GA  
Bhargavi Devineni - Vernon Hills, IL  
Kusuma Rao - Griffin, GA  
Kovilparambil Antony - Alsip, IL  
Ravi Chand - Atascadero, CA  
Aneet Ahluwalia - Chicago, IL  
Vidya Sagar Sethi - Charlotte, NC  
Gauri Khurana - New Haven, CT  
Ashok Gupta - Aurora, IL  
Vidushi Babber - Ellicott City, MD

### Corresponding Member

Cherilyn Desouza - Lansing, KS

### Member-in-Training

Renu Gupta - Chicago, IL  
Smita Thakkar - Bakersfield, CA  
Binit Shah - Arlington, VA  
Anita Thampy - Plymouth, MN  
Sarita Pal - Omaha, NE  
Roobal Sekhon - Cleveland, OH  
Rahel Patel  
Kamala Adury - Seven Hills, OH  
Sneha Jadhav - Plainsboro, NJ  
Priya Darshan - Bellmore, NY  
Revathi Vikram - Derwood, MD  
Vinod Dhar - Forest Hills, NY  
Bharat Patel - Carrollton, TX  
Parameshwaran Ramakrishnan - Omaha, NE  
Aditi Hajirnis - Brooklyn, NY  
Racrina Raisinghani - Charlottesville, VA  
Reji Attupuratn - Flushing, NY  
Parikshit Deahmuki - Cleveland, OH  
Iram Qazi - Chicago, IL  
Shalini Chawla - Chicago, IL  
Rishi Kumar - Chicago, IL  
Gurprit Lamba - Brookline, MA  
Maalobeeka Gangopadhyay - Glen Oaks, NY

Nishant Kumar - Los Angeles, CA  
Sushil Kumar Sompur - Fargo, ND  
Sarjak Mehta - Staten Island, NY  
Neelam Varshney - Shrewsbury, MA  
Richa Pathak - Brooklyn, NY  
Pranav Patel - Orange, CA  
Maria Gunaratnam - Chicago, IL  
Malika Seth - New York, NY  
Sandhya Rajasekhara - Ellicott City, MD  
Barath Sampath - Melrose Park, PA  
Mustafa Pirzada - Davie, FL  
Kamal Bhatia - Durham, NC  
Dimple Sodhi - New York, NY  
Fayaz Ibrahim - Brooklyn, NY  
Priyanka Sarkar - Philadelphia, PA  
Tejal Kaur - San Diego, CA  
Cecilia Patricia Margret - Bellevue, WA  
Kanwar Ajit Singh Sidhu - Charleston, WV  
Sibyl Simon - Chicago, IL

### Associate Member

Judith Kashtan - St. Louis Park, MN  
Narsima Rao - Severn, MD  
Mohammad Hasan - Beckley, WV

## Editorial Board

### Editors:

Anu Matorin, MD  
anu.a.matorin@uth.tmc.edu  
Vijay Chennamchetty, MD  
chennamchetty@gmail.com

### Board members

Rudra Prakash, MD  
rudra.prakash@vanderbilt.edu  
Anand Panduranghi, MD  
apandura@hsc.vcu.edu  
Chowdary Jampala, MBBS  
chowdary.jampala@med.va.gov