

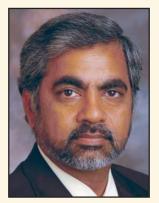
The Forum

Number 76

April 2006

IAPA Announces 2006 Excellence Awards

Philip T. Ninan, MD Outstanding Academician Award



Dr. Philip T. Ninan, is the Vice President for Neuroscience, Global Medical Affairs, Wyeth Pharmaceuticals. Till March 2006, he was Professor of Psychiatry and Behavioral Sciences and Director of the Mood and Anxiety Disorders Program at Emory University School of Medicine in Atlanta, Georgia. He received his medical degree from Christian Medical College in Vellore, India, and completed a residency in psychiatry at the Medical University of South Carolina College of Medicine in Charleston. He was also a medical staff fellow at the National Institute of Mental Health in Bethesda, Maryland. Dr. Ninan is a distinguished fellow of the American Psychiatric Association. He is a member of several other medical societies, including the American Medical Association, the American College of Psychiatry, the Obsessive-Compulsive Foundation, and the Anxiety Disorders Association of America. In the past, he was chair of the Treatment Assessment Review Committee of the National Institute of Mental Health, and a member of the Scientific Advisory Board of the Anxiety Disorders Association of America.

Dr. Ninan's research focuses on anxiety and mood disorders and on the assessment of treatment responses, both pharmacologic and psychotherapeutic, and understanding their mediating mechanisms. He has authored numerous journal articles and chapters on anxiety and mood disorders as well as schizophrenia, which have appeared in such medical and scientific journals as Science, The American Journal of Psychiatry, Archives of General Psychiatry, and The Journal of Clinical Psychiatry. In 2003, he received the Psychiatrist of the Year Award from the Georgia Psychiatric Physicians Association.

This award was selected by a committee comprising of Drs. Rohan Ganguli (chair); Anand Pandurangi (co chair); Madhukar Trivedi; and Rajiv Tandon. Chandragupta S. Vedak, MD Exemplary Public Sector Psychiatrist Award



Dr. Vedak graduated from Grant Medical College (University of Bombay) and completed his residency training in Psychiatry at University of Health Sciences/ The Chicago Medical School, North Chicago, IL. He is board certified by the American Board of Psychiatry and Neurology and the American Board of Adolescent Psychiatry. He is also certified by the American Society of Clinical Psychopharmacology.

Dr. Vedak started his career at the North Chicago VA Medical Center (NCVAMC) as Director of Acute Psychiatric Services for five years. He was responsible (continued on page 3)



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Dear Folks,

A very Happy New Year to you all as you receive your first FORUM of 2006.

A lot has transpired since I last sat down to pen my message to you all; some of it is great news, some good and some bad news. We lost Dr. Jambur Ananth earlier this year after a brief period of poor health. Dr. Ananth was one of the founding visionaries of the IAPA, who could be counted on to show up and represent all of us at all our meetings with his winning smile, and support us with his words of wisdom, guidance and most of all his affection. He is going to be missed sorely by all of us. To honor him, we will be dedicating this year's scientific session to his memory.

Dr. Prakash Desai made history again by running for a major office in the APA, and while he did not succeed, we were encouraged still by the support you all showed him. Dr. Seeth Vivek informed us earlier this year of his decision to withdraw as Treasurer of IAPA due to personal commitments and demands. It takes real courage to recognize when it is time to say quits. I certainly respect his decision, understand the reasons behind it, and appreciate his taking seriously the demands that an office of the IAPA entails. Dr. Rudra Prakash graciously stepped forward and has been appointed as Treasurer pending ratification at our annul meeting.

This year, I made my maiden voyage to an ANCIPS meeting. It was indeed an experience to remember. I met many new folks and rekindled my acquaintances with some others. For the first time, our IAPA hosted a "High Tea" for all the IAPA members who went there and invited the IAUPA/ BIPA/ CPA/ IPS office bearers to join us. We had a very successful meeting and many ideas were generated at that meeting in the service of increasing our collaborations and liaisons. Among some of the ideas considered were appointment of a liaison to orchestrate academic presentations at ANCIPS in collaboration with our partners from UK, Australia, and Canada. To this effect, while Dr, Ashok Van will continue as our liaison with IPS, he will be joined by Dr. Pandurangi as our Scientific Program Liaison. With Dr. Pandurangi's expertise in this area, we hope to deliver excellent workshops at future ANCIPS meeting, jointly with our other partners and show case the caliber of the talent we hold in our folds.

We have been busy exploring ways to make the IAPA remain true to its mission statement while ensuring its financial security. We hope to facilitate every chapter, that so desire, in being able to have programs that allow networking, educational presentations and explore ways to raise awareness to issues related to the delivery of care for and by the people of Indo American origin To this end we want to explore ways to foster partnerships and use all available resources. My dream is for IAPA to become an asset to the community we live in and to each other across the nation so we can give and receive information when and where we need it. Over the coming months you will likely see the fruits of these collaborations with relevant and timely educational programs being brought to you at your chapter levels.

We want to continue to be a resource for connecting our members thru a net work of names for patient care referrals as and when needed. We are trying to connect programs in India that can benefit from US journals by finding folks amongst you that are willing to adopt a program by sending them your journals.

My vision is for us to live the dream of the global village, where we work together to make things happen, that benefit all of us, and allow us to add meaning to our lives and work. To make us realize our vision, I need each and every one of you to join us by becoming a life member, if you are not already one. Bring in new life members from among your friends if you are already a life member.

Most of all join me in congratulating our IAPA award winners, Drs. Ninan, Koli, Vedak, Basil and of course Dr. Jeste as he receives the prestigious Tarjan Award from the APA in Toronto.

A lot of excitement is in the wind as we gear up for our next meeting. We are working hard to bring to you a great line up in our scientific program with talented people, some from our ranks and some from our international partners. Come see what your EC has been up to. We look forward to seeing you all in Toronto enjoying the Canadian Hospitality, courtesy of the tireless work by Dr. Raghuraman.

So be sure to call us before the early registration deadline to secure your place at the reduced early bird rates for our annual meeting.

Until then, sincerely,

Asha Mishra

(continuation from page 1)

for developing and integrating various disparate services into a cohesive system that provided excellent care to veterans. He was nominated by the North Chicago VA for the "Outstanding Professional of the Year" award for the district. For the past eight years, Dr. Vedak has practiced at Elgin Mental Health Center (EMHC), a state-operated psychiatric facility in Elgin, IL. He has been instrumental in elevating the standard of care in the facility. Besides providing state of the art care to his patients, he has served as a mentor and role model to numerous staff from all disciplines. In 2003 he received EMHC's "Physician of the Year" award.

As Asst. Professor of Psychiatry at Chicago Medical School, he has been involved in teaching residents and medical students at both the NCVAMC and EMHC. He is a highly respected teacher who has won the medical school's "Teacher of the Year" award four times.

Dr. Vedak is very active with the National Alliance of the Mentally Ill. He was named "Exemplary Physician of the Year three times by NAMI, IL. He has raised over \$21,000 for the American Foundation for Suicide Prevention by participating in two over 20-mile walks. He is a member of the McHenry County Mental Health Board task force on formation of a mental health court.

Dr. Vedak is a life member of the Indo American Psychiatric Association. Since 2004, he has served as Secretary/Treasurer of the Midwest Chapter. He has been actively involved in raising awareness about depression and suicide in the South Asian community. He has also helped to create and implement a list of psychiatrists willing to take care of indigent South Asian patients.

Dr. Vedak is a Distinguished Fellow of the APA. He has numerous publications and over 100 presentations on various psychiatric topics including psychiatric diagnoses and psychopharmacology to physician groups, community groups, grand rounds and CME activities.

This award was selected by a committee comprising of Drs. Seeth Vivek(chair); Antony Fernandez (co chair); Sudha Prathikanti; Bhaskar Dave.

Malathi Koli, MD Outstanding Service Award



Dr. Malathi Koli was born and raised in Tamil Nadu India, and obtained a scholarship to complete her medical education at the Patrice Lumumba Peoples Friendship University, Moscow in the former USSR. After her surgical residency in the USSR and subsequently in England, she switched to psychiatry, and trained at the Carlton Hayes Hospital, Narborough, Leicester University, United Kingdom.

She moved to the US in 1980 and completed psychiatry residency at the University of Texas Health Science Center, in San Antonio, in 1982. She is board certified in adult and geriatric psychiatry. After serving as a faculty at UTHSC San Antonio for five years she has been in private practice since 1987.

Currently she is Medical Director at the Adult Psychiatry Unit and Geriatric Psychiatry Unit at one of the hospitals. Her special interests and work lie in the area of Post Traumatic Stress Disorder. She volunteered for her services to the victims of the Tsunami in India and also to the Katrina evacuees in Texas. She has visited Pakistan-Kashmir earthquake ridden areas as a member of AAPI delegation invited by APNA in December 2005. Dr. Koli is involved in establishing a mental health clinic, for the Tsunami victims, at Nagapattinum, Tamil Nadu, India, with the grant from the American Association of Physicians of Indian Origin, (APPI) Charitable Foundation.

She has lectured on invitation in Kumamoto, Japan, Lima, Peru (as a part of Bexar country Medical Society delegation), in Medicity, Hyderabad, and Chennai, India.

Dr. Koli is a Board Member of curriculum Development Gerontology at San Antonio City College, and served as president of the Texas-Indo American Physicians Society 2004- 2005. She is also a member of Board of Directors at the Arathi School of Indian Dance, teaching Bharathanatyam, and folk dances of India. She was the President of Dance Umbrella, a dance organization which organized called Dance Around the world, a dance festival, which is an annual event in San Antonio.

This award was selected by a committee comprising of Drs. Shiv Hatti (chair); Rudra Prakash (co chair); Geetha Jayaram; and Malini Patel

Biju Basil, MD Outstanding Resident Award

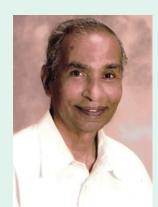


Dr.Basil graduated from St.John's Medical College, Bangalore, India. He pursued his post graduate training in Psychiatry at the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore, India. He received his Diploma in Psychological Medicine from NIMHANS. Following that he worked as a Senior Research Fellow at NIMHANS. He was selected for the Overseas Doctors Training Scheme (ODTS) by the Royal College of Psychiatry, London.

He joined Drexel University Psychiatry Residency Program in 2002 and is currently a PG IV resident. During the last three years he has been involved in the teaching of medical students and residents, and publishing scholarly papers. After joining this program he has had more than 30 publications accepted in various journals like New England Journal of Medicine, American Journal of Psychiatry, British Journal of Psychiatry, Psychiatric Services, The Journal of ECT, and British Medical Journal. He is a peer reviewer for Psychosomatic Medicine and Hospital Physician. He also does book reviews for peer reviewed journals. He published a book 'Psychiatry: 1200 questions for boards', which was published by Lippincott Williams & Wilkin.

Dr.Basil maintains an active interest in health related issues of his home country. He has been an active opponent of the placebo controlled trials in seriously mentally ill patients. Dr.Basil plans to eventually join an academic medical institution in India.

Obituary



January 1, 2006 was a sad day for Indian-Americans, particularly those of us in psychiatry and related fields as we learnt of the unexpected demise of Dr Jambur Ananth. Over the years, Dr Ananth had become an icon to all of us, representing the very best in our profession and community. In the rich fabric woven by the experience and contributions of Indo-American Psychiatrists, Jambur's imprint had been one of unparalleled breadth, intellectual depth, and a unique combination of subtlety and humility.

At the time of his death Dr Ananth was Adjunct Professor Emeritus in the Department of Psychiatry and Biobehavioral Sciences, UCLA and Director of Psychpharmacology at Harbor-UCLA Medical Center in Torrance, California, where he had had a distinguished tenure since 1981. A graduate of Kasturba Medical College in Manipal, India, Dr Ananth had a long and close association with NIMHANS in Bangalore, India. Prior to moving to the U.S., he had been on the faculty at McGill University, Montreal, Canada.

Dr Ananth's contributions to psychiatry and related disciplines are rather extensive and justice cannot be done to his work in this short column. For example, his paper published in 1975, highlighting the role of vitamin B12 in psychiatric disorders, particularly Depression is considered a seminal contribution. Of course his publications numbering over four hundred focused on varied aspects of psychopharmacology, particularly the anti-psychotics, both old and new. It would not be an exaggeration to say that he had participated in the testing and development of virtually all the atypicals and had written extensively on each drug. His scholarly critique of the field of psychopharmacology ranged from editorials, reviews and commentaries to original data and meta-analyses. His work on Tardive dyskinesia was one of the earliest in the field and helped increase our awareness of this serious adverse effect of neuroleptics. He often published in the Indian Journal of Psychiatry and in 1995 edited the textbook of psychopharmacology specifically for the Indian context, which has been enthusiastically received by students and practitioners alike in India.

Dr Ananth was a superb teacher, supervisor and mentor for many young physicians and scientists over a career spanning 40 years and many of us in North America and India are beholden to him for this. In fact he was a bundle of energy and ideas and this rubbed off on students, colleagues, friends and collaborators and inspired us to do more.

Jambur's role in the affairs of the IMG psychiatric community and specifically the ever-growing Indo-American psychiatrists was monumental. He served in many official capacities in this regard including the APA's minority affairs committee, the Pacific Rim Psychiatrists Association and most importantly our own organization - IAPA. The APA recognized his efforts with the Kun-Po Soo Award in 1999 for increasing the understanding of Asian cultural heritage in areas relevant to psychiatry and the prestigious George Tarjan Award in 2000. His book coauthored with son Karthik was yet another milestone in our understanding of the immigrant experience and their adaptation to a new culture with emergent challenges in mental health. We are indeed proud to see his son Karthik Ananth follow his father's footsteps and look forward to en expanding role in the affairs of our organization and profession.

No memorial on Jambur and his accomplishments will be complete without a mention of his beloved wife Kamala. She is truly the quintessential Indian woman – stoic, affectionate and giving and was always by his side. We pray for continued strength to Karthik and Mrs. Ananth in dealing with this loss. Jambur will always be in our thoughts and memory and his shadow will loom large in Indo-American forums, meetings and gatherings, inspiring us to compete and contribute in a thoughtful and non-egoistical manner that he so successfully did.

> Anand K. Pandurangi, MBBS, MD One of Jambur's many mentees and friend Richmond, Virginia

da.	Session	Course	Course	Lectures	Component Workshop Conquering the Shame, Secrecy, and Stigma of Suicide in Young Asian-American Adults	Presidential Symposium	Component Workshop Facilitating Minority to Excel in Academic Psychiatry	Presenter: J. Srinivasaraghavan, M.D.	Component Workshop You Can Be Leaders Too: A Workshop for IMGs and Minorities
2006 APA annual meeting in Toronto, Canada.	Role/Name	Director: Shivkumar S. Hatti, M.D., Faculty: Stuart B. Silver, M.D., Arthur L. Lazarus, M.D., Mark Russakoff, M.D., Sy A. Saeed, M.D.	Director: Shivkumar S. Hatti, M.D., Faculty: Arthur L. Lazarus, Robert Atkins, M.D., William H. Reid, M.D.	Co-chair: Surinder S. Nand, M.D.	Chairperson: Surinder S. Nand, M.D.,	Co-Chair J. Srinivasaraghavan, M.D.	Chairperson: J. Srinivasaraghavan, M.D. Presenters: Pedro Ruiz, M.D., Nutan Atre-Vaidya, M.D., et al	Component Workshop Doing It in Public: Opportunities in Public Sector Psychiatry	Presenter: Sanjay Dube, M.D.
006 APA annual m	Program	Basic Concepts in Administrative Psychiatry I: Theory, Human	Basic Concepts in Administrative Psychiatry II: Law, and Ethics	Culture, Spirituality and Psychiatry: A Psycho-historical Study of King Saul	Conquering The Shame, Secrecy, And Stigma Of Suicide In Asian-american Young Adults	The Public Mental Health System: Critical Issues	Facilitating Minority to Excel in Aca- demic Psychiatry	Doing It in Public: Opportunities in Public Sector Psychiatry	You Can Be Leaders Too: A Workshop for IMGs and Minorities
2(Date/Time/Venue	5/20/2006 9:00 AM Toronto Convention Centre South Level 700 Room 716 A	5/21/20069:00 AM Toronto Convention Centre South Level 700 Room 716 A	5/22/06 02:00 PM Toronto Convention Centre North Level 100 Room 105	5/22/06 09:00 AM Toronto Convention Centre North Level 200 Room 206 A/B	5/22/2006 2:00 PM Toronto Convention Centre South Level 700 Room 701 A	5/22/2006 11:00 AM Toronto Convention Centre South Level 800 Room 801 A	5/23/20069:00 AM Toronto Convention Centre North Level 200 Room 205 B	5/23/2006 9:00 AM Toronto Convention Centre North Level 200 Room 201 D

The Forum

Programs of special interest to the IAPA Psychiatrist

5/23/2006 11:00 AM Toronto Convention Centre South Level 700 Room 705	From Fantasy to Reality: Recruitment of Minorities in Clinical Research	Co-Chair: Sanjay Dube, M.D.	Component Workshop From Fantasy to Reality: Recruitment of Minorities in Clinical Research
5/24/20069:00 AM Toronto Convention Centre North Level 200 Room 201 D	Doing More With Less: Challenges and Rewards of Becoming a Psychiatrist Executive	Presenter: Nalini V. Juthani, M.D.,	Component Workshop Doing More With Less: Challenges and Rewards of Becoming a Psychiatrist Executive
5/24/20069:00 AM Toronto Convention Centre North Level 100 Room 105	Psychiatry and Aging: Contributions of the International Medical Graduates	Chair: Sanjay Dube, M.D.	Lectures
5/24/2006 9:00 AM Toronto Convention Centre North Level 100 Room 104 A	Data Coupled With Advocacy Shaping Public Policy	Co-Chair: J. Srinivasaraghavan, M.D. Presenter: Malini Patel, M.D.	Component Workshop Data Coupled With Advocacy Shaping Public Policy
5/24/2006 11:00 AM Royal York Convention Floor Salon B	Cross-Cultural and Minority Issues	Co-chair Antony Fernandez, M.D.	Scientific and Clinical Reports
5/24/2006 11:00 AM Toronto Convention Centre South Level 700 Room 716 B	Non-Governmental Organizations: Response to Mental Health Consequences of Asian Tsunami	Chairperson: J. Srinivasaraghavan, M.D. Presenters: Syed A. Husain, M.D., Bruce S. Singh, M.D., Lakshmi Vijayakumar, D.P.M.	Issue Workshop Non-Governmental Organizations: Response to Mental Health Consequences of Asian Tsunami
5/25/2006 9:00:00 AM Toronto Convention Centre North Level 200 Room 201 D	A Model for Improved Psychiatric Services in Developing Countries: South Asian Forum	Chairperson: J. Srinivasaraghavan, M.D., Presenters: Russell D'Souza, M.D., Arun V. Ravindran, M.D., Parameshvara P. Deva, M.D., Afzal Javed, M.D.	Issue Workshop A Model for Improved Psychiatric Services in Developing Countries: South Asian Forum
5/25/06 02:00 PM Toronto Convention Centre South Level 800 Room 801 B	Complementary, Alternative, and Integrative Approaches in Mental Health Care	Co-chair: Sudha Prathikanti, M.D.	Symposium
5/25/06 02:00 PM Toronto Convention Centre South Level 800 Room 801 B	Ayurveda: Ancient Wisdom for Modern Psychiatry	Presenter: Sudha Prathikanti, M.D.	Symposium



Join the IAPA Today!

Membership Categories and Dues

1. Life Member: One-time dues payment of \$250.

Eligibility: Psychiatrists of Indian origin who have completed their required training in psychiatry and who live in the United States or Canada. Alternatively, post-graduate physicians of Indian origin who are in an approved psychiatric residency training program in the United States or Canada.

2. Associate Life Member: One-time dues payment of \$150.

Eligibility: Psychiatrists of non-Indian ethnic origin, non-psychiatric physicians, and non-physician mental health professionals who live in the United States or Canada.

3. Corresponding Member: Annual dues of \$25 per calendar year.

Eligibility: Psychiatrists and mental health professionals who live outside the United States or Canada.

4. Member-in-Training: No dues.

Eligibility: Post-graduate physicians of Indian origin who are in an approved psychiatric residency training program in the United States or Canada.

5. Honorary Member: No dues.

Eligibility: Elected by IAPA council members for outstanding contributions to the field of mental health and / or for promoting the goals and objectives of the association.

Life Members and Members-in-Training will be the only categories of membership having voting rights in the association.

Download/print the membership form and mail it with your payment. @ www.myiapa.org

Alternatively, contact us and we can send you a membership form by fax or email.

Indo-American Psychiatric Association 107 Chesley Drive, Unit # 4, Media, PA 19063 Telephone: 610-891-9024 EXT 115

News and Reports

Tarjan Award for Dr. Dilip Jeste

The George Tarjan Award award was established in 1992 to recognize an individual who has made significant contribution to the enhancement of the integration of IMG's into American Psychiatry. Dr. Dilip Jeste is the 2006 Tarjan Award recipient.

Dr. Jeste graduated from the B. J. Medical College in Poona, and completed psychiatry residency at Seth G. S. Medical College and K. E. M. Hospital, Bombay where arfter a few years as faculty he moved to the USA. Some of his early research in India was published in international journals such as the British Journal of Psychiatry. One research area of particular interest was that of the physiological effects (on blood pressure, etc.) of the traditional Indian yoga therapy. The paper entitled "Psychophysiological therapy based on the concepts of Patanjali" received the Sandoz Award of the Indian Psychiatric Society for the best original paper in the field of Psychiatry in India published during 1973.

At NIMH, he obtained funding for collaborative research with K. E. M. Hospital, Bombay. He conducted several cross-cultural studies of paranoid schizophrenia and tardive dyskinesia that were published in well known journals such as the Journal of Clinical Psychopharmacology, Psychiatric Research, and British Journal of Psychiatry. Dr. Doongaji (from Bombay) was the first

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author on two of these papers and Dr. Jeste was the first author on two others, with the Indian and US colleagues being co-authors. These papers served to highlight the high quality of research in India; they also showed some important biological similarities and differences between Indian and American patient populations. Dr. Jeste organized and presided over an international conference on tardive dyskinesia in San Juan, Puerto Rico, for which he had invited several of his Indian collaborators. Subsequently, Dr. Jeste arranged a visit by NIMH scientists to the NIMHANS in Bangalore and to K.E.M. Hospital, Bombay. He has since attended several annual meetings of the Indian Psychiatric Society and given Plenary Lectures there.

He is the recipient of several honors and awards and the list is too long to be complete. The Outstanding Neuroscientist Award from the Association of Scientists of Indian Origin in America, 1988, the Special Scientific Award for Contributions to the Field of Psychiatry given by the American Association of Psychiatrists from India (AAPI), 1988, the President of the Neuroscience Chapter of the Association of Scientists of Indian Origin in America, 1988-1989, the Award for Outstanding Contributions to the education of international medical graduates, from the Wyeth-Ayerst AADPRT International Medical Graduate Mentorship Program in Psychiatry, 2002, the Life Time Service Award from the American College of International Physicians (Tennessee Chapter), June 2000, and the Asian Heritage Award for Excellence in Science, Technology, and Research, from Asia, the

Journal of Culture and Commerce, 2004, the Most Distinguished Physician Teacher / Researcher Award from the American Association of Physicians of Indian origin, 2004. the Visiting Professor, Royal Australian and New Zealand College of Psychiatrists, November 2004, and the Certificate of Honour, 57th Annual National Conference of the Indian Psychiatric Society, January 2005.

Both locally (at UCSD) and nationally, Dr. Jeste has trained a number of IMGs in clinical geriatric psychiatry and in research careers in psychiatry. He is the Director of the ACGME-accredited Fellowship in Geriatric Psychiatry, and the PI of 4 NIH-funded research training grants. One of them (T-32) is for Research Fellowship at UCSD. Two others are R25 grants from NIMH and another one is a T-35 grant from NIA. These include the Summer Research Institute (SRI) in Geriatric Psychiatry and START-MH (Summer Training in Aging Research Topics in Mental Health) programs. An important goal of these projects is to develop academic physicians, primarily in geriatric mental health, at a national level. The trainees range from junior faculty and fellows to medical students and undergraduate students. Nearly a third of the trainees come from ethnic minority groups, and many of them have been IMGs. In addition, Dr. Jeste has been the sponsor for several IMGs who obtained NIMH-funded Minority Supplements to pursue research careers. These trainees have gone on to faculty positions, published papers, and taken on leadership roles in various ways. Because of these training activities, I was invited by the Institute of Medicine's Committee on Complementary and Alternative Medicine to give a presentation on Developing a Research Workforce (including ethnic minority researchers) in a new area.

Dr. Jeste is the Founding President of the International College of Geriatric Psychoneuropharmacology (ICGP), which has Junior Investigator Travel Awards for young researchers from different parts of the world. A number of IMGs have received these awards over the past several years. As the

News and Reports continuation

Editor-in-Chief of the American Journal of Geriatric Psychiatry, Dr. Jeste has promoted young IMGs to its Editorial Board.

Dr. Jeste has been closely associated with the APA for many years in various capacities. He has been an APA member for 25 years, and has attended (and presented at) almost every meeting since 1982. He was one of the original members of the Board of Directors of the APIRE, and was later re-elected for four more years. He has served as Vice Chair of the Council on Aging, Co-Chair of the Task Force on Tardive Dyskinesia, and member of the Task Force on Research Ethics. He was a member of the Search Committee for the Medical Director. Currently he is a member of the Psychiatric Diagnosis and Assessment Committee, Co-Chair of the DSM-V Workgroup on Dementia, a corresponding member of the Ethics Committee, and a contributor to the Global Psychiatry Task Force. At the 2004 APA meeting, Dr. Jeste chaired a session on Global Geriatric Psychiatry which included several IMG presenters. He has served on the Editorial Board of the American Journal of Psychiatry. He has been a recipient of the APA Research Award, the Jack Weinberg Award, and the Distinguished Lecturer Award.

IAPA – Executive Committee Report

The executive committee met in Richmond, VA on Jan 28th, 2006.

Members in Attendance included, Drs. Asha Mishra, Surinder Nand, Shivumar Hatti, Antony Fernandez, Radhika Sriram and Anand Pandurangi.

The following issues were discussed:

- Scientific Session. Rohan Ganguli and Anand Pandurangi will finalize the decision regarding the scientific awardees and the scientific session.
- 2. Indian Art and Psychiatric Illness. Dr. Nand has confirmed all the speakers for this session including Jaswant Guzdar and Dr. Dinesh Bhugra from Great Britain. It was decided that the scientific session would be dedicated to the memory of Dr. Jambur Anent. Dr. Mishra will contact Dr. Dilip Jeste to see if he would be willing to speak regarding Dr. Anand at the scientific session. If Dr. Jeste is not available, a request will be made to Dr. Pandurangi to make the same presentation.

- 3. Evening Banquet. Dr. Hatti will contact Dr. Raghuraman regarding the venue and the meal arrangements for the banquet. The awardees were discussed for all the awards. No final decision has been made. All the chairpersons of the various award groups have been requested to send their choice to Dr. Mishra as soon as possible.
- 4. Funding for Banquet and Scientific Session. The contact with Jannson was made. They will, hopefully, come up with support. Attempts will also be made to contact other pharmaceutical companies to get support for IAPA's annual meeting.
- Award Plaques. It was felt that it would be better if the responsibility for the creation of the plaques were also moved to Philadelphia. Dr. Hatti will contact Van and Ashwin Pandya to finalize. Prakash Masand expressed interest in helping us to get funding for our annual meeting.
- 6. Treasurer's Position. Dr. Vivek had made a request to Dr. Mishra to relieve him of his responsibilities as a Treasurer, due to his personal situation. It was felt that after receiving that request in writing, Dr. Mishra should speak with the Board of Trustees to get guidance as to what to do with the Treasurer's position.
- 7. Dr Mishra will speak with Dr. Pratikanti to set up links between IAPA BIPA, Canadian, and Australian Psychiatric Associations of Indian origin. Dr. Anand Pandurangi will look at setting up joint CME in India about various topics, which could include how to get residency in the US, how to become a researcher, and the possibility of a joint symposium with Bipa was also discussed.
- 8. The meeting with the accountant took place with Dr. Manoj Shah and Dr. Seeth Vivek. Requests will be made to give us input regarding that meeting at our next conference call.
- 9. It was approved Kavita Kumar be paid \$30 for her work typing the constitution.
- 10. Dr. Nand will construct a letter about IAPA, which should emphasize the bullet points as to why psychiatrists of Indian origin should become IAPA members. Discussion was held regarding IAPA's meeting at ANCIPS. The minutes of that meeting are

Minutes of IAPA / ANCIPS Meeting Fri Jan 6, 06

 This format and idea for meeting of all members of IAPA, BIPA, I(ndo)C(anadian)PA, IAuPA & other Foreign delegates of Indian Origin along with officers of IPS was thought to be good one. Wish was expressed to continue this tradition. Importance of communication between all members of Indian Psychiatric groups was emphasized. Momentum and the positive energy in the meeting was noted and a desire to put words into action before the meeting ended was emphasized.

To facilitate this some ideas discussed were:

- sharing of each other's list-serve.
- links on websites of each to the above noted International Psychiatric Organizations.
- appointed by each President of liaison to each organization
- The Group also expressed a desire to improve opportunities for educational interactions between the organizations.
- This could be achieved by exploring possibilities of appointment as temporary (one week)/visiting faculty appointments in India as visiting psychiatrists from USA/ Canada / BIPA/ IAuPA to teach residents at a particular program. We could facilitate matching of interested International Psychiatrists to a particular residency program in India.
- Collaboration between psychiatrists in India with an international psychiatrist for teaching or research in a specific area of interest was discussed.
- Formal presentations at ANCIPS by International psychiatrist of Indian origin expanded upon. We would encourage highlighting the IAPA affiliation in the submission of IAPA members at ANCIPS meeting
- Possibilities of joint CME.
 - Mailing journals from US, Britain, Canada & Australia to Dept of Psychiatry as the departments in India often are not able to subscribe to our journals. We could serve as facilitators to connect people from abroad to various programs in India by helping our members adopt a specific Dept of Psychiatry.
- Interest was expressed to have visiting Indian psychiatrists to make presentations in US, Canada, Britain & Australia.
- Some members expressed interest in clinical Collaborations amongst each other on clinical trials et al.
- 5. Dr. Anand Pandurangi was identified as the scientific liaison to ANCIPS/ BIPA/ ICPA/ IAuPA. He would serve to get a symposium submitted at the next ANCIPS with an International panel and that such presentations should be a part of each ANCIPS meeting in the future. Some thoughts shared on areas that may be of particular interest to the ANCIPS members to ensure getting appropriate time frames on the program agenda.
- 12. Next teleconference will be on March 3, 2006 at 4 PM EST. This will be the one before the annual meeting and all will be expected to join, especially Dr. Raghuraman, so that all meeting details can be ironed out. - Shiv Hatti, MD

* * *

Membership Application & Information for Directory

1.	Name	2. Gender		
3.	Languages spoken			
4.	Home Address			
5.	Office Address			
6.	Email			
7.	Telephone (H) (O)			
8.	Fax (H)(O)			
9.	Date & Place of Birth			
10.	Medical School Name & State Year of graduation			
11.	Residency			
12.	Fellowship			
13.	Board Certification: Specialty			
	Sub-speciality			
14.	Membership in Organizations (circle all applicable): IAPA AAPI AI Other			
15.	Present Position (circle all applicable):	. 1		
		Administration		
		Feaching Research		
16				
17	Academic Titles Honors/Award			
	Interests (circle yes or no for each area): a) Developing IAPA Chapters b) Treating patients of South Asian Origin c) Developing culturally-sensitive programs for South Asian comm		Yes Yes Yes	No No No
19.	Requested Membership in IAPA (circle one appropriate category): Life member (\$250 one-time dues) Corresponding m	nember (\$25 annual dues) er (\$25 annual dues)		
	Enclosed is my check in the amount of \$			
	Please include my name, gender, address, email, telephone num in the IAPA Directory:	nber, fax number, and l Yes 🗖 No.	anguages	s spoken
	I give consent to include all of the above information in the research and sharing with members: $\hfill \Box$		h can be	used for
	This information will not be used or shared for marketin	1g purposes.		
	Signature I	Date		
	Please mail this application with your Indo-American Psychiatric Association, 107 Chesley Drive	A	A 19063	;

The Indo-American Psychiatric Association

27th ANNUAL SCIENTIFIC PROGRAM

Sunday, May 21, 2006; 1.30 – 4:30 p.m.

Governor General's Suite, Second Floor, Hilton Toronto, 145 Richmond Street West, Toronto, Ontario M5H212 Tel 416-869-3456

	, , , , , , , , , , , , , , , , , , , ,
1:30pm	Welcome Asha Mishra, M.D. President, IAPA
1:40pm	Tribute to Dr Jambur Ananth Anand Pandurangi, M.D. Professor and Chair, Division of Inpatient Psychiatry Director, Schizophrenia Research Virginia Commonwealth University
1:50pm	Outstanding Academician Lecture <u>Mind! Lessons From the Brain</u> Philip T. Ninan, M.D. Professor of Psychiatry and Behavioral Sciences Emory University, Atlanta
2:10pm	<u>Symposium on Psychiatry and Arts</u> Moderator: Prakash Desai, M.D.
	 Professor of Psychiatry, University of Illinois at Chicago <u>Psychiatry and Bollywood</u> Dinesh Bhugra, MBBS, FRCPsych Dean, Royal College of Psychiatrists, London, Professor of Mental Health and Cultural Diversity, Institute of Psychiatry, London <u>Psychiatry and Visual Arts: The psychiatrist and her canvass</u> Jaswant Guzder, M.D Head, Child Psychiatry Institute of Community and Family Psychiatry, Montreal, Canada <u>Psychiatry and Poetry: Pain and Pathos</u> Rishma Dunlop, Ph.D. Associate Professor Literary Studies and Fine Arts, Faculty of Education, York University, Toronto, Ontario, Canada
4:25pm	Vote of Thanks Surinder Nand M.D. President-Elect, IAPA

The Indo-American Psychiatric Association

BUSINESS MEETING & BANQUET

Sunday, May 21, 2006; 7.00 – 11:00 p.m.

Hilton Toronto Hotel, Toronto One Room, 145 Richmond Street West, Toronto, Ontario M5H212 **Tel: (416) 869 3456**

6: 00 p.m.	Registration	
7:00 p.m.	Cocktails and Social Hour	
8:00 p.m.	President's Address Presentation of Awards	Asha Mishra, M.D.
	Outstanding Academician Award	Philip Ninan, M.D. Professor of Psychiatry & Behavioral Sciences Director, Mood and Anxiety Disorders Program Emory University, Atlanta, GA
	Outstanding Service Award	Malathi Koli, M.D. Medical Director NIX Adult Psychiatric Acute Care Program San Antonio, TX
	Exemplary Public Sector Psychiatrist Award	Chandra Vedak, M.D. Medical Director Centegra Horizons Behavioral Health Chicago, IL
	Outstanding Resident Award	Biju Basil, M.D Drexel University College of Medicine Philadelphia, PA
8:30 p.m.	Business Meeting Treasurer's Report Vote of Thanks	Asha Mishra, M.D. Rudra Prakash, M.D. Surinder Nand, M.D.
9:00 p.m.	Banquet	

Registration required:

For advance registration contact **Shiv Hatti** at 610-891-9024 ext 104 or fax: 610-891-9699 Email: shatti1@aol.com Life Members and spouses of life members, and residents free before May 12th, 2006 and \$20 per person after May 12th 2006

Non-members may not register early.

Non members \$30 per person at venue and \$20 per person if they become Life Members on that day

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1
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Nalini Juthani
Nalini Juthani
R. Viswanathan
R. Viswanathan
Manoj Shah
Manoj Shah
Ashwin Pandya
Ashwin Pandya
Velandy Manohar
Velandy Manohar
Jambur Ananth
Jambur Ananth
Girish Shah
Girish Shah
Y. Haveliwala
Y. Haveliwala
J I I I I I I I I I I I I I I I I I I I

From the Editors Desk

The IAPA Scientific Program Committee and annual meeting staff under Dr. Asha Mishra's leadership have planned another outstanding program this year. This year's annual meeting is in Toronto, a city rich in culture and Canada's most important urban center. Located on the north shore of Lake Ontario, Toronto is the hub of the nation's commercial, financial, and industrial activities and is home to numerous museums, historic sites, and performing and visual arts centers. The weather in Toronto in May is pleasant. The IAPA program is on Sunday, May 21.

As usual, there will be two sessions of the annual meeting. On the afternoon of May 21, the Scientific Session will be held. Dr. Philip Ninan, IAPA's Outstanding Academician Awardee, will speak on the exciting topic, Mind! Lessons from the Brain. Dr. Ninan's lecture will be followed by a symposium on 'Psychiatry and Arts' chaired by Dr. Prakash Desai. Participating in this symposium are Dr. Dinesh Bhugra (UK), Dr. Jaswant Guzder (Canada) and Dr. Rishma Dunlop (Canada). The traditional IAPA Awards Banquet and the Business Meeting will be held in the evening on Sunday May 21st at Hilton Toronto Hotel, Toronto One Room; 145 Richmond Street West. As always, registration is required. Look inside for a list of the IAPA Award winners for this year. We urge you to attend the entire program. See you there!

> Editors: Antony Fernandez , M.D. Radhika Sriram, M.D.

Dr. Pedro Ruiz visits Richmond

On January 27th 2006 the Virginia Chapter of the IAPA played host to Dr. Pedro Ruiz the President elect of the American Psychiatric Association. This meeting was well attended and was open to members of the Richmond Psychiatric Society, the local psychiatric society. Dr. Ruiz's talk was titled "Psychiatry in the 21st century'. It was very well received and left listeners with an enchanted view of the things to come under his presidency.



Dr. Pedro Ruiz addressing members of the IAPA – Virginia Chapter in Richmond



From Left to Right: Drs. Rick Chaudhry, Radhika Sriram, Antony Fernandez, Asha Mishra, Pedro Ruiz, Surinder Nand, and Shiv Hatti



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Who will constantly look for ways to support patients and caregivers?

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New Members

The following is a list of new Life members and Members in Training who have joined us this year. The IAPA family extends a warm welcome to all of you. Let us thank all those who have been tirelessly working to recruit new members.

- LM Ram Ranga, Hockessin, DE
- LM Rajiv Tandon, Tallahassee, FL
- LM Shripal Makim, Duluth, GA
- LM Arun Pol, Duluth, GA
- LM Mahendra Shah, Norcross, GA
- LM Iqbal Ahmed, Honolulu, HI
- LM Bhasker Dave, Independence, IA
- LM Siddhartha Kumar, Wilmette, IL
- LM Nageswara Nagarakanti, Saint Charles, IL
- LM Kavita Shah, Naperville, IL
- LM Chandra Rakesh, Carbondale, IL
- LM Ajay Mayor, Carbondale, IL
- LM Amit Anand, Carmel, IN
- LM Vani Rao, Severn, MD
- LM Harjinder Virdee, Fargo, ND
- LM Anju Nayar, Moorestown, NJ
- LM Madhu Malhotra, Garden City, NY
- LM Kumara Budur, Lakewood, OH
- LM Avtar Saran, Pepper Pike, OH
- LM Sandeep Gupta, Boothwyn, PA
- LM Meera Narasimhan, Columbia, SC
- LM Ravindra Srivastava, Hilton Head, SC
- LM Annapurni Teague, Houston, TX
- LM Syed M. Ahmed, Richmond, VA
- LM Padmaja Chaparala, Midlothian, VA
- LM Alice Jesudian, Richmond, VA



855 Bruce Drive East Meadow, NY 11554

- LM Sayali Kulkarni, Richmond, VA
- LM Amaresh Khandat, Chester, VA
- LM Thiruneermalai G. Sriram, Glen Allen, VA
- MT Krishna K. Bezwada, Richmond, VA
- MT Paritosh Chowdhury, Richmond, VA
- MT Sunita Kumari, Midlothian, VA
- MT Gagan Ram, Midlothian, VA
- MT Sudeepta Varma, New Hyde Park, NY
- MT Govind B. Oza, Corona, NY
- MT Neelima Pania, New York, NY
- MT Rajdeep Ranade, Forest Park, IL

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