

The Forum

Number 83

April 2010

# IAPA Announces 2010 Excellence Awards

**Dr. Nutan Vaidya** Academician of the Year Award



Academician of the Year Award Dr. Nutan Vaidya

Dr. NutanVaidya has devoted her professional career to Neuropsychiatry and study of psychopathology. Currently, she is Chair of the Department of Psychiatry & Behavioral Sciences and Interim Chair of Neurology, The Chicago Medical School at Rosalind Franklin University of Medicine & Sciences.

Dr Vaidya is certified in the subspeciality of Behavioral Neurology and Neuropsychiatry by United Council of Neurologic Subspecialties. In her distinguished career, Dr Vaidya has held various academic positions in the department including Director of Medical Student Education in Psychiatry and Acting Residency Director. Nationally active in the field of education, Dr Vaidya is a on the executive council of Association of Directors of Medical Student Education in Psychiatry, currently serving as their secretary and Newsletter editor.

Additionally, she is also a member of the editorial board of Academic Psychiatry and serves as peer reviewer for several academic journals. During her distinguished academic career Dr. Vaidya has published frequently on Psychopathology and Neuropsychiatric Education. She has won several awards for teaching and clinical care of neuropsychiatric patients. Dr Vaidya is the co-author of textbooks Psychiatry Rounds (Med Master publishing) and Descriptive psychopathology (Cambridge University Press). For her many scientific and academic contributions, Dr. Nutan Vaidya was recently elected American Psychiatric Association's Distinguished Fellow.

## From the Editor's Desk

It was a pleasure and honor to be a part of this FORUM edition as we move forward from print to online edition. In doing so, this will be the last print edition and by "Going Green", we look forward to delivering news and information to our colleagues and membership "as it happens."

This FORUM highlighted many of the outstanding contributions made by our distinguished and most impressive colleagues. Also, the strides made by the IAPA leadership, distinguished colleagues, and members in becoming a visible presence locally, nationally, and internationally as highlighted in the Brief Reports.

I would personally like to thank my coeditor Dr. Vijay N. Chennamchetty for his dedication and support on prior editions of the FORUM and wish him the best towards the future. Also, I am deeply grateful to Dr. Shivkumar Hatti for his guidance in bringing this edition of the FORUM to fruition, as well as the IAPA Board for their leadership and support.

Please visit the IAPA website, www.myiapa.org, and let us know your comments and feedback. It is an exciting time for the IAPA as we look forward to continue the spirit and tradition of the FORUM.

Anu A. Matorin, M.D.

## Indo-American Psychiatric Association

www.myiapa.org

President's Message

Dear Friends,

Shivkumar Hatti, M.D., M.B.A President (610) 891-9024 ext. 104 shatti1@aol.com

> Rudra Prakash, M.D. President-elect (615)364-7406 rudraprakash@comcast.net

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Main Office: Shivkumar Hatti, M.D. President 107 Chesley Drive, Unit # 4 Media, PA 19063 (610) 891-9024 ext. 104 fax: (610) 891-9699 shatti1@aol.com

Board of Trustees Nalini Juthani M.D. Chair Sanjay Dubé, M.D Asha Mishra, M.D Surinder Nand, MD Ashwin R. Pandya, M.D Manoj Shah, MD J. Srinivasaraghavan, M.D The IAPA Executive Committee has been very busy since APA 2009. I am very fortunate to have had the support and guidance of Board of Trustees Chairperson Nalini Juthani, past President Surinder Nand, President-Elect Rudra Prakash, Secretary Vani Rao, Treasurer Geetha Jayaram, Councilors Ashwin Patkar and Meera Narsimhan, Editor Anu Matorin, Resident Representative Pramit Rastogi, and ECP Representatives Ravi Chandra and Anitha Ramanathan.

In September 2009, IAPA organized a meeting of the Tri-State Chapter in Philadelphia with APA President-Elect Carol Bernstein, M.D. Dr. Bernstein made a very interesting and thought-provoking presentation on communication issues amongst various generations. The Executive Committee also met that weekend to plan IAPA activities for the upcoming year.

The Global Healthcare Summit took place January 2-3, 2010, in New Delhi. Over the past few years, IAPA has become a very active member of this organization along with the Indian Psychiatric Society. Details of this meeting are reported in the forum by Anand Pandurangi and Meera Narsimhan, who served as co-chairs of the Summit's Mental Health Division.

The inaugural meeting of the Psychiatrists of Indian Origin met in Jaipur Januray 15-17, 2010, bringing together psychiatrists from across the world. IAPA is an important member of this group, contributing the greatest number of constituents (6,500+) from any one country, including India. Rudra Prakash has provided a report of this meeting in Forum.

Immediately after this historic meeting, IAPA members attended the annual meeting of the Indian Psychiatric Society, from January 17-20, also in Jaipur. APA President Alan Schatzberg made a presentation at this meeting titled, "Current Issues in Treatment of Depression". Ashwin Patkar, co-chair of the IAPA Education Program for ANCIPS 2010 has a report of IAPA activities in Forum.

Across the last year, the Executive Committee has met twice and held many conference calls to discuss issues of import to IAPA. I want to take this opportunity to inform you of two major decisions the Executive Committee came to, approved by the Board of Trustees.

First, in efforts to maximize efficiency and contain costs, Forum will transition from print to online publication; this will be LAST print edition of Forum. Our website will be significantly upgraded with the help of IT professionals, and Forum will be published exclusively at that site (www.myiapa.org). Transitioning to electronic publication will allow IAPA to reach our members quickly and efficiently, as information can be made available as it develops, rather than only three times a year. This initiative will also save us money; current costs for paper publication of Forum are \$2,500 for each issue. Further, by GOING GREEN, we are doing our part for the environment. To ensure you maintain access to the latest IAPA information, please make sure we have your current e-mail address. Please visit the recently-updated IAPA website, where you can update your contact information and recommend changes for the website upgrade.

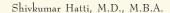
Second, for the first time in 15 years, the Executive Committee and Board of Trustees has decided to increase Life Membership dues from \$250 to \$350, effective January 1, 2011. Please encourage your friends to take advantage of this long lead-time by becoming a Life Member before Jan 1, 2011.

IAPA is transitioning from a purely networking organization to one focused on community involvement and development. Local chapters play an integral role in this process, and our 17+ chapters will be constitute the engine of our growth and new activities in the local communities.

The Executive Committee, with significant help from Harminder Mallik , has arranged a wonderful award banquet and scientific program to take place during our Annual Meeting. Information on this event and other Annual Meeting activities are detailed in this issue of Forum. Please register for the Meeting soon and join us in scientific discovery, comeraderie, good food, and good times.

See you all in New Orleans.





Iqbal "Ike" Ahmed, M.D. Outstanding Service Award



Dr. Iqbal "Ike" Ahmed is a Professor of Psychiatry in the Department of Psychiatry, John A. Burns School of Medicine at the University of Hawaii. He is the Director of

Clinical Psychopharmacology and Neuropsychiatry in the Department of Psychiatry.

After completing his medical education at St. John's Medical College in India, Dr. Ahmed did his residency in General Psychiatry at the Nebraska Psychiatric Institute and the University of Nebraska Medical Center, and clinical training at Guy's and Maudsley Hospital in London, England. Subsequently, he entered Fellowship training in Consultation/Liaison Psychiatry and Psychosomatic Medicine at Boston City Hospital and Boston University School of Medicine, where he joined as a faculty member upon completion of his Fellowship.

He is board certified in General Psychiatry, Geriatric Psychiatry, Psychosomatic Medicine by the American Board of Psychiatry and Neurology (ABPN), and is also certified in Clinical Psychopharmacology by the American Society of Clinical Psychopharmacology (ASCP), and by the United Council of Neurologic Subspecialties (UCNS) in Behavioral Neurology and Neuropsychiatry. He is also certified as a Member of the Royal College Psychiatrists of England.

Dr. Ahmed is deeply committed to the field aa a psychiatric educator and has held various service and administrative positions. He served as the Chair of the Outstanding Resident Selection Committee for IAPA from 2004-2009 and reached out to training directors and the Indian psychiatry residents across the country. At the University of Hawaii, he served in the positions of Psychiatry Residency Training Director and Vice-Chair of Education. He was also a member of the Executive Council of the American Association of Directors of Psychiatry Residency Training (AADPRT), Chair of the Ethnic Minority Elderly Committee of the American Psychiatric Association, and Chair of the Teaching and Training Committee of the American Association of Geriatric Psychiatry (AAGP). For his significant contributions in this regard, Dr. Ahmed was awarded the "Diversity Award" by AAGP.

Currently, Dr. Ahmed serves on the Board of Directors of AAGP, American Board of Psychiatry and Neurololgy (ABPN) Geriatric Committee, and also as an examiner for the ABPN, Part II (Oral) Exams. Additionally, he was elected Distinguished Fellow of the American Psychiatric Association, as a Member of the American College of Psychiatrists and as Fellow of the Royal College of Psychiatrists of England.

He has worked in the development of educational policy and curriculum in the areas of cross-cultural psychiatry and geriatric psychiatry. Dr. Ahmed has received several teaching awards including the Irma Bland teaching award by the APA for his contributions to psychiatry residents in training and was elected honorary faculty member of the Alpha Omega Alpha (AOA) Medical Honor Society by medical students. Dr. Ahmed has contributed to significant academic endeavors, including serving as editor and contributing author on the American Psychiatric Association's Ethnic Minority Elderly Curriculum, 2006 and as co-editor of the book "The Spectrum of Psychotic Disorders" published by Cambridge University Press.

His research interests are in multiple areas including Geriatric Psychiatry, Neuropsychiatry, Consultation/Liaison Psychiatry, Psychopharmacology, Cultural Psychiatry, and Psychiatric Education.

### Anand K. Pandurangi, MD Service Recognitions



Dr Anand K. Pandurangi, Professor of Psychiatry at Virginia Commonwealth University (VCU) and life member of IAPA has received a string of accolades in the last year. In October, 2009, he was awarded the Reintegration Award in the Clinical Medicine category by Eli Lilly and Company to recognize his contributions in the rehabilitation and reintegration of individuals with serious mental disorders. Dr. Pandurangi continues as a Governor's appointee to the State Board of Mental Health in Virginia. The American Association of Physicians from India (AAPI) and IAPA nominated Dr. Pandurangi to Chair the mental health track of the 3<sup>rd</sup> Indo-US Health Care Summit held in New Delhi, January 2 & 3, 2010 – see summit reports in this issue.

Additionally, Dr. Pandurangi was appointed by the Dean at VCU School of Medicine as Director of the International Partnership between VCU and the Post-Graduate Institute of Medical Research, Chandigarh, India. In June 2009, Dr Pandurangi had the honor of being felicitated by the British Indian Psychiatrists Association (BIPA) at the annual BIPA convention held in Derby, Derbyshire, UK where he presented on the topic, "Neuromodulation – Applications to Refractory Depression." This recognition was followed by his invited Key Note Address at the Psychiatrica 2009 Conference, sponsored by Ranbaxy Ltd. held in August in Shanghai, China on the topic of "Depression and Cardiac Disorders - A Mutually Adverse Relationship."

Ranga N Ram, MD FAPA Exemplary Public Sector Psychiatrist Award



Ranga N Ram, MD is the recipient of the 2010 Exemplary Public Sector Psychiatrist Award. He began his career in Madurai, India. A student of distinguished Professor Venkoba Rao in India, Dr. Ram began working in Community Psychiatry in 1984 addressing the mental health issues of impoverished rural elderly in India. This project sowed the seeds for the National Plan to address mental health needs of the elderly, through the Primary Health care system in India. Based on this work, Dr. Ram, secured a scholarship to study Psychiatric Epidemiology in the United States at the Johns Hopkins University School of Public Health. He went on to work further in the field of Public Mental Health as a Fellow in the Suffolk County Mental Health Project, studying the epidemiology and longitudinal course of persons with their first psychotic break. He published widely as a researcher and then returned to clinical psychiatry, pursuing his US residency training at the University of Maryland.

He worked under the guidance his mentor, Lisa Dixon, MD, with homeless persons with mental illness in Baltimore ultimately leading to a joint faculty appointment at both the University of Maryland and Johns Hopkins University. He continued in his work with severely mentally ill persons through his clinical expertise in Assertive Community Treatment teams and in Addictions and held the position of Director of the Division of Community Psychiatry at the University at Buffalo. His publications in the late 90's encompassed his work with ACT teams, with persons with co-occurring disorders and the use of emergency psychiatric services by disenfranchised, under-served populations.

Within six years of completion of his residency training, Dr. Ram was selected on the basis of a national search to become the first Medical Director of the State of Delaware's Division of Substance Abuse and Mental Health. He was passionate in his work to improve care at the State's only State Hospital taking on a very challenging system. He resigned from this position subsequently when the Administration failed to continue the efforts to improve patient care. He has since then dedicated himself to being an advocate for the care for persons with severe mental illness. Currently, he is an active clinician who is now Medical Director at Meadow Wood Hospital in New Castle, Delaware.

His advocacy role has over the last five years become a greater focus of his professional life. In Delaware, he is a member of the Board of Directors of NAMI. Nationally, he serves most notably, on the Boards of national organizations. Of specific note is his work with No Kidding, Me Too (NKM2) – an organization dedicated to eradicating stigma and his work with Jason Foundation, an organization dedicated to educating school teachers in detecting students with potential for suicidal behaviors and preventing adolescent and youth suicide.

His career spans over 25 years in India and the United States. With over 25 publications, in peer-reviewed journals, he is an accomplished academician with a deep understanding of public sector psychiatry. A past President of the Psychiatric Society of Delaware, he now serves as a Deputy Representation to the APA Assembly. He is an administrator who has helped reform systems of care. Dr. Ram now works from the outside to make the fragmented mental health systems work better for the people he serves with a passion.

### Anwar Feroz Siddiqi President's Special Recognition Award



Anwar Feroz Siddiqi, currently, Director, Customer Development Strategic Commercial Group, Johnson & Johnson Health Care Systems started his career at Johnson & Johnson in 1991 with responsibility for the start-up of the Hospital Sales Group at Janssen Pharmaceutica, Canada. At present, Anwar has the responsibility for building strong relationships for Johnson and Johnson within a segmented group of IDNs, a part of a Johnson & Johnson Enterprise-wide approach at JJHCS.

In October 1996, Anwar moved to Janssen, U.S.A. to start a new Long-Term Care business unit with Janssen Pharmaceuticals, US, and was instrumental in the launch, development and application of innovative programs to differentiate Janssen from other pharmaceutical companies. Under his direction and leadership, the J&J Long-Term Care group was ranked #1, five years in a row in customer satisfaction. Anwar subsequently transitioned to the position of Field Sales Director for Janssen in Nov 2005 where he was responsible for leading the Field Sales organization in reinvigorating the growth as well as leading the launch sales execution of new products.

Anwar commitment and steadfast focus on the customer is recognized through the appointments he has held on the National Educational Advisory Committee of the American Society of Consultant Pharmacists (ASCP), National Advisory Council for LTC, with the American Medical Directors Association (AMDA), Board member for the American Medical Directors Association (Foundation) and as a Delegate, at the White House Conference on Aging in 2005.

Additionally, Anwar is a Board member with the Association for Advancement of Mental Health (AAMH), Princeton, NJ, the Visiting Nurses Association of Mercer County, NJ and serves as Hon. Health Industry Advisor to AAPI (American Association of Physicians of India origin, USA) and BAPIO (British Association of Physicians of India Origin). He also serves as President of Association of Indians in America, South Jersey where he leads the effort on promoting Mahatma Gandhi's message on peace, non-violence and harmony. Anwar Siddigi and his wife Rana reside in Hillsborough NJ.

Message from the Board of Trustees of IAPA Chairperson Nalini V. Juthani, MD



The history of IAPA clearly shows how this organization has grown over 30 years. In year 2000, with the beginning of a new Millennium, it was the wisdom of the past presidents to start having a Board of Trustees (BOT) to provide fiduciary oversight to IAPA. Currently there are seven past presidents who serve on the Board and they elect their chairperson every two years. Dr Manoj Shah was the first chairperson of the BOT. The Board has taken the next step to establish a grant award of \$2500 each year, starting in May 2011, to be given for community mental health project, research mental health project or an educational project. The awardee will be a psychiatrist member of IAPA. Please look for an application form and details about the grant on the website. If you have any questions, please feel free to contact me by e-mail: nalini.juthani@gmail.com

Outstanding Resident award Neil Aggarwal M.D.

## 3<sup>rd</sup> GLOBAL Health Care Summit

The 3<sup>rd</sup> GLOBAL Health Care Summit was held on January 2 & 3, 2010, in New Delhi, India.

The mental health track was chaired by Drs. E. Mohan Das Warrier and Anand K. Pandurangi. Dr Meera Narasimhan served co-chair. Twenty two invited senior psychiatrists from the US, UK, Canada, Australia & India participated in the prestigious Summit meeting, with broad representation from academia, the public sector and the private sector. The delegates endorsed the idea of creating an umbrella organization to facilitate advocacy of a mental health agenda in India.

The two day deliberations focused on two main objectives: (1) Psychiatric Training in Undergraduate Education (OB-JECTIVE I), and (2) Integrating Mental Health, especially Depression and Other CMDs into Primary Medical Care (OBJECTIVE II).

For OBJECTIVE I, developing a deliverable module of 2- weeks of enriched psychiatric training for medical students was agreed as an initial project. Two collaborative projects have also been conceived for this goal as follows: (1) A collaborative project between Virginia Commonwealth University, USA and PGIMER, Chandigarh, India. Drs. Pandurangi, Kulhara and Avasthi will lead this project, (2) A collaborative project between the UK, USA and India. Drs. Dave, Pandurangi and Parkar will lead this project.

For OBJECTIVE II, there was agreement on beginning a collaborative project on training general practitioners in common mental disorders, with a particular focus on depression and anxiety, in one district of Tamil Nadu and one urban clinic in Rajasthan. This project will be lead by Drs. Meera Narasimhan, C. Ramsubramaniam and Shiv Gautam. Project consultants include Dr. Mohan Isaac, Nimesh Desai and Ajit Avasthi.

With close communication and follow up reports every quarter, the group hopes to start these worthy International collaborative projects no later than twelve months from the summit date.

Please contact Dr. Anand K. Pandurangi at <u>apandurangi@mcvh-vcu.edu</u> for additional information and follow-up activities.

## 3<sup>rd</sup> GLOBAL Health Care Summit Integrating Mental Health into Primary Health Care



l to r Dr Mohandas, Immediate Past President, IPS, Dr Narasimhan, Dr Avasthi, President, IPS, Dr Hatti.

Mental illnesses including anxiety disorders and depression are common yet go undetected and under-treated in many developed and developing countries. The World Health organization predicts that Depression will be the second leading public health concern next to heart disease by 2020. Given the magnitude of this imminent problem and shortage of healthcare providers the group identified collaborative projects that would integrate best practices, teaching modules and imary care setting.

measurement based approaches to capture health outcomes in a primary care setting.

A consensus was reached by the group on choosing a workable model for our demonstration project to evaluate the current structures and procedures in light of their goals for collaboration, and to set realistic goals. A study designed using this model that would not only help assess research outcomes but also provide valuable information to benefit real world patients such as cost-effectiveness, shed some light on the collaborative process, sustainability and replicability. Utilization of process indicators and objective outcome measures to update and modify training methods based on actual needs and utilization by practitioners was recommended. It was suggested during the discussion that needs maybe different in an urban versus rural clinic, along with regional and cultural differences with the Integrated Clinic in Jaipur under Dr. Shiv Gautam leadership and in Tamil Nadu under Dr. Ramasubramanium' leadership. Dr. Narasimhan would work closely with these two PI's on study design, outcome measure, feasibility issues. If you have any questions please contact Dr. Meera Narasimhan at <u>Meera.Narasimhan@uscmed.sc.edu</u>

## Indian Global Psychiatric Initiative

On January 16, 2010, the meeting, dubbed as the "Jaipur Accord", preceded the Annual Convention of IPS (ANCIPS), and was hosted by Drs. Shiv Gautam and Lalit Batra. The overarching and key objective of the Initiative is to promote high quality mental health care for Indians.

Representatives of five overseas psychiatric associations of Indian origin, including British Indian Psychiatric Association, Indo American Psychiatric Association, Indo Australian Psychiatric Association, Indo Canadian Psychiatric Association, Indo New Zealand Psychiatric Association

convened in Jaipur, India with the purpose of forging an alliance with Indian Psychiatric Society (IPS).

Additionally, the following achievements were noteworthy in the 2 day meeting:

- · Enthusiastic and unanimous support for the Initiative
- Caretaking team leaders elected: Russell D'Souza, M.D. (Australia), President; D. Natarajan, M.D. (Canada), Secretary
- · Agreement on the process for finalizing organizational details (to be developed)
- A very successful and high quality CME program was offered by the faculty from India and above countries, including British Royal College of Psychiatrists

The Initiative will next meet in conjunction with the ANCIPS in later part of January, 2011 in New Delhi, India.

Please contact Dr. Rudra Prakash at <u>rudraprakash@comcast.net</u> if you have interest in or questions about the Initiative



#### Join the IAPA Today!

#### Membership Categories and Dues

#### 1. Life Member: One-time dues payment of \$250\* until January 1, 2011.

Eligibility: Psychiatrists of Indian origin who have completed their required training in psychiatry and who live in the United States or Canada\* after January 1, 2011 life member dues will be \$350.00. Please join IAPA life membership now. Alternatively, post-graduate physicians of Indian origin who are in an approved psychiatric residency training program in the United States or Canada.

#### 2. Associate Life Member: One-time dues payment of \$150.

Eligibility: Psychiatrists of non-Indian ethnic origin, non-psychiatric physicians, and non-physician mental health professionals who live in the United States or Canada.

#### 3. Corresponding Member: Annual dues of \$25 per calendar year.

Eligibility: Psychiatrists and mental health professionals who live outside the United States or Canada.

#### 4. Member-in-Training: No dues.

Eligibility: Post-graduate physicians of Indian origin who are in an approved psychiatric residency training program in the United States or Canada.

#### 5. Honorary Member: No dues.

Eligibility: Elected by IAPA council members for outstanding contributions to the field of mental health and / or for promoting the goals and objectives of the association.

#### Life Members and Members-in-Training will be the only categories of membership having voting rights in the association.

Download/print the membership form and mail it with your payment. @ www.myiapa.org

Alternatively, contact us and we can send you a membership form by fax or email.

Indo-American Psychiatric Association 107 Chesley Drive, Unit # 4, Media, PA 19063 Telephone: 610-891-9024 EXT 115

The Forum

# Membership Application & Information for Directory

1.	Name2. Gender					
3.	Languages spoken					
4.	Home Address					
5.	Office Address					
6.	Email					
7.	Telephone (H) (O)					
8.	Fax (H)(O)					
9.	Date & Place of Birth					
10.	Medical School Name & State Year of graduation					
11.	Residency					
12.	Fellowship					
13.	Board Certification: Specialty					
14.	Membership in Organizations (circle all applicable): IAPA					
15. ]	Present Position (circle all applicable): Private Practice Private Institution-Clinical Public Institution-Clinical	Administration Teaching Research				
16.	Academic Titles					
17.	Honors/Award					
18. ]	Interests (circle yes or no for each area): a) Developing IAPA Chapters b) Treating patients of South Asian Origin c) Developing culturally-sensitive programs for South Asi Requested Membership in IAPA (circle one appropriate catego	Ye Ye an community	s No			
I /. 1	Life member (\$250 one-time dues) Member-in-training (no dues) Associat	onding member (\$25 annual dues)				
	Enclosed is my check in the amount of \$					
	Please include my name, gender, address, email, teleph in the IAPA Directory:	one number, fax number, and langua Yes 🗖 No.	ages spoken			
	I give consent to include all of the above information in the IAPA Database, which can be used for research and sharing with members:					
	This information will not be used or shared for marketing purposes.					
	Signature	Date				

Indo-American Psychiatric Association, 107 Chesley Drive, Unit # 4, Media, PA 19063

The Forum

# The Indo-American Psychiatric Association

## 31<sup>st</sup> The IndoAmerican Psychiatric Association (IAPA) Scientific/Business Meeting

# Date: Sunday May 23rd<sup>th</sup> 2010

Venue: Loews Hotel Conference Center 300 Poydras Street, New Orleans, LA 70130 Tel: (504) 595-3300

Meetings & Banquet will be on the 10th Floor.

1:30 - 5:00 PM	Scientific Session
1.30 PM	Welcome Dr. Shiv Hatti, M.D., IAPA President
1.35 – 2.15 PM	Outstanding Academician Lecture: Influence of Stress & Genes on Brain & Behavior. Dr. Nutan Vaidya MD. Professor and Chair, Department of Psychiatry and Behavioral Sciences, Rosalind Franklin University of Medicine and Science, Chicago Medical School, North Chicago, Illinois.
2.15 – 3.00	Collaboration with the community: Demystifying mental health: Razia Kosi, LCSW-C. Cultural Proficiency Specialist; Office of Professional and Organizational Development; Howard County Public Schools, Maryland Executive Director, Counselors Helping ( South) Asians, Inc, (CHAI) Communications Chair- Division of South Asian Americans in the AAPA
3.00 – 3.15 PM	Break
3.15 – 4.00 PM	Late-life Depression: Clinical and Neurobiological Substrates: Dr. Anand Kumar, MD. Professor and Chair, Department of Psychiatry; Department of Psychiatry; University of Illinois at Chicago
4.00 -4.45 PM	Culture and Resiliency: A Study of Young Adults in the South Asian Diaspora: Dr. Neha Navsari, PhD. Early Emotional Development Program; Division of Child Psychiatry Washington University in St. Louis School of Medicine. Chair, Division of South Asian Americans; Asian American Psychological Association
4.45 – 5.00 PM	Vote of Thanks, President-elect, Dr. Rudra Prakash, MD Banquet and Business Meeting
6.30 – 8.00 PM	Registration & Cocktails
8.00 – 8.45 PM	President's address, Awards Ceremony Business Meeting; Board of Trustees (BOT) Chair Presentation
8.45–10:00 PM	Dinner, Dance & DJ
REGISTRATIO	N REQUIRED: For advance registration contact: Dr.Rudra Prakash at (615)364-7406 Email: rudraprakash@comcast.net.
	Cost of Banquet ticket: \$30.00

# Past IAPA Awardees and Past Presidents

Year	Academician Award	Service Award	Resident Award	Public Sector Award	Past Presidents
2009	Mary Ganguli	Sanjay Dubé	Cecilia Margret	Jyoti R. Shah	Surinder Nand
2008	Prakash Masand	Anand Pandya	Srijan Sen Su	ıbhash Chander Bhatia	Surinder Nand
2007	Ashwin Patkar	Shastri Swaminthan	Gagandeep R. Singh	Chaitanya Haldipur	Asha Mishra
2006	Philip T. Ninan	Malathi Koli	Biju Basil	C. S. Vedak	Asha Mishra
2005	Madhukar Trivedi	Malini Patel	Seeba Anam	Bhasker Dave	Sanjay Dubé
2004	Shitij Kapur,	Nyapati Rao	Kumar Budur	Janakibai Theogaraj	Sanjay Dubé
2003	Vishwajit Nimagaonkar	V. Raghuraman	Harsh K. Trivedi		J. Srinivasaraghavan
2002	Salman Akthar	Geetha Jayaram	Jyotsna Agarwal		J. Srinivasaraghavan
2001	D.P. Devanand	Seeth Vivek	Priyamvada Narayanan	ı	J. Srinivasaraghavan
2000	Rohan Ganguli	Asha Mishra	Arif M. Shoaib		Nalini Juthani
1999	Anand Pandurangi	Rajkumari Bansal	Madhavi Prakash		Nalini Juthani
1998	Mantosh Dewan	Ramakrishna Shenoy			R. Viswanathan
1997	K. Ranga Rama Krishnan	1 Rekha Ranade			R. Viswanathan
1996	Matcheri S. Keshavan	Ramachandran			Manoj Shah
1995	V. Chowdary Jampala	J. Srinivasaraghavan			Manoj Shah
1994	Vikram Yeragani	Velandy Manohar			Ashwin Pandya
1993	Rajiv Tandon	Veena Garyali			Ashwin Pandya
1992	None	Gopalakrishna Upadhya			Velandy Manohar
1991	Nalini V. Juthani	Padam Jain			Velandy Manohar
1990	R. Viswanathan	Barin Desai			Jambur Ananth
1989	George Cohelo	Prakash Ettigi			Jambur Ananth
1988	N.P.V. Nair	Manoj Shah			Girish Shah
1987	Prakash Desai	Anjali Pandya			Girish Shah
1986	Dilip Jeste	None			Y. Haveliwala
1985	Jambur Ananth	Satish C. Varma			Y. Haveliwala

Best Wishes From Eli Lilly	
Best Wishes From Janssen	

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## SPECIAL ANNOUNCEMENTS

- Hurry... Become a life member before January 1st. The IAPA Life time membership dues will be increased to \$350.00 from January 1, 2011.
- II. Going Green... this would be the last print edition of the FORUM. The FORUM will now be distributed via the Web. We encourage all life members to provide an email address to continue to receive the FORUM issues in the future. Please submit e-mail address to shatti1@aol.com