

# IAPA President's Message

Dear Colleagues:

Greetings!

I should like to update you as we have started off a new year. I just returned from India where I attended 64<sup>th</sup> Annual National Conference of Indian Psychiatric Society (IPS) in Kochi, Kerala. IPS hosted a very successful convention, and is now led by new President, Roy Abraham Kallivayalil, MD. Our Association contributed 2 symposia, and several members participated in it. Participants also included John Oldham, MD and Dilip Jeste, MD, President and President Elect of American Psychiatric Association, respectively. For the past several years, IAPA has been facilitating alliance between IPS and APA, and the latter has been well represented by the sitting President at the ANCIPS year after year – a tradition cherished by all of us. At the convention, IPS and IAPA also reaffirmed long standing bilateral ties, and came up with new goals of mutual interest.

Visit to India also afforded a new opportunity for establishing ties with Indian Association of Private Psychiatry (IAPP). Vani Rao, MD – President Elect, IAPA – and I had fruitful discussions with the IAPP leadership, Dr. Avdesh Sharma, MD. This alliance offers educational activities in which the members of our Association could contribute in India. Together, IPS and IAPP offer several educational meetings throughout the year in various parts of India where our members could potentially participate. Should you be interested in learning more, please contact us ([rprakash@myiapa.org](mailto:rprakash@myiapa.org); [vrao@myiapa.org](mailto:vrao@myiapa.org))

We are excited about our own annual meeting that will be held on May 06<sup>th</sup>, 2012 in conjunction with APA in Philadelphia. We look forward to witnessing and celebrating a historical event – welcoming our own Dilip V. Jeste, MD as a President of the APA! Surely, you would not want to miss this rare event. The convention will be hosted by generous and capable Chand Nair, MD and his Philly team of volunteers.

I am happy to announce that the Academician of the Year Award of our Association goes to K.N Roy Chengappa, MD of University of Pittsburg, and on behalf of the Association, I felicitate him. I would also like to congratulate Dr. Suraj pal Singh MD MRC Psych, M Sc, PGY III resident in the Dept of Psychiatry, Medical College of Wisconsin, Milwaukee, WI, for being awarded the 2012 APA/Lilly resident research award.

Please see below for more details on the two awardees.

As always, do not hesitate to contact any of the IAPA office bearers with questions and/or comment.

Rudra Prakash, MD

President, IAPA

## **2012 IAPA Academician Awardee: Dr. K.N. Roy Chengappa**



The IAPA is proud to honor Dr. K.N. Roy Chengappa, MD, with Academician of the year Award for his outstanding academic and scientific contributions to the field of Psychiatry. Dr. Chengappa is a Professor of Psychiatry at the University Of Pittsburgh School Of Medicine and the Western Psychiatric Institute and Clinic, and is Chief of Comprehensive Recovery Services at Western Psychiatric Institute and Clinic, located in Pittsburgh, Pennsylvania.

Dr Chengappa grew up in India; he was schooled at the Lawrence School, Lovedale, and graduated in medicine from Kasturba Medical College, Manipal. His training in psychiatry occurred world-wide, beginning at the National Institute of Mental Health and Neurosciences, Bangalore, and then at the University of Edinburgh, Scotland, and at Dalhousie University in Halifax, Canada. He undertook an NIMH-sponsored fellowship at the University of Pittsburgh investigating autoimmune mechanisms in persons with schizophrenia under the tutelage of Drs. Rohan Ganguli and Bruce Rabin before accepting a faculty position there. He has direct patient care responsibilities and is involved in the mentoring of psychiatric residents and medical students.

For 22 years, he has conducted clinical trials of antipsychotic and anticonvulsant agents in patients with schizophrenia, schizoaffective or bipolar disorder. In recent years, he has begun investigations into the use of natural substances such as Inositol for bipolar depression and L-Carnosine and Ashwagandha as potential cognition enhancing agents in people with mental illnesses. He has extensively published the results of his research in numerous peer-reviewed journals and also serves as Co-Editor in Chief of the journal *Bipolar Disorders*. Dr Chengappa is a recipient of several awards including Faculty Honoree, Honors Convocation, University of Pittsburgh, Pennsylvania and Rev. C. Leroy Hacker Ambassador Award, Mayview State Hospital, Pennsylvania. IAPA heartily applauds Dr, Chengappa's achievements and wishes him success in his future endeavors.

## **2012 APA/Lilly Resident Research Award:**

### **Dr.Suraj Pal Singh**



Dr Suraj Pal Singh is a third year psychiatry Resident at the Medical College of Wisconsin, Milwaukee and graduated from the Government Medical College, Patiala, in India. He took the route into psychiatry residency in USA after training in Internal Medicine in UK, then completing his psychiatry training and obtaining the membership of Royal College of Psychiatrists, UK .He further secured a higher specialist training post there and was appointed an Honorary lecturer in West Midlands School of psychiatry prior to moving to USA. Currently he is a member of APA, Indo- American Psychiatry Association, British and American Neuropsychiatry association. Recently he completed and obtained his MSc in Clinical Neuropsychiatry from the University of Birmingham, UK, while training in USA.

His commitment, dedication and interest in Research come from his faith in the religion of science. He has longstanding appeal towards neuropsychiatry particularly, neuroimaging with emphasis on biological underpinning of brain and behaviour. In his spare time, he likes to cook, travel and spend time with his family and friends around the globe. He plans to pursue his interests by undertaking a fellowship in neuropsychiatry and further working in both academic and community settings.

### **Upcoming Events in India**

Mid Term CME at Jodhpur: May 19th and 20th, 2012

Art of Psychiatry meeting at Hyderabad: August 11<sup>th</sup> & 12<sup>th</sup> 2012

Annual National Conference of IAPP (ANCIAPP) at Chandigarh: October 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> 2012. Contact: Avdesh Sharma, MD [sharmaavdesh@gmail.com](mailto:sharmaavdesh@gmail.com) or M.S. Reddy, MD [drmsreddy@gmail.com](mailto:drmsreddy@gmail.com)

West Zone, India Psychiatric Society Meeting at Nasik, Maharashtra: October 19-21, 2012. Contact: Umesh Nagapurkar, MD [umeshanjali@gmail.com](mailto:umeshanjali@gmail.com) 011-91-982 314 6088