

4/11/15

Board of Trustees Report



Dear Friends:

On behalf of the Board of Trustees of the Indo-American Psychiatric Association (BOT), I would like to apprise you of the activities of the BOT in the past year.

The BOT serves in an advisory capacity to the EC and is also involved with the long term strategic planning of the association. I thank my colleagues in the BOT for their enthusiastically working toward these goals. In the past year we have worked with the EC in encouraging formation of new chapters and strengthening of existing chapters, and involvement of residents, fellows, and early career psychiatrists. We have also, in collaboration with the EC, updated the Bylaws and the Constitution. These revised versions are placed on this website under the Administration tab, which we encourage you to look at. These need to be voted on by the general membership at our Annual Meeting on May 17. If you have any comments, please send them to our President.

We are privileged that Dr. Dilip Jeste has agreed to serve as an advisor to our BOT. We are exploring the possibility of doing collaborative research with him on aging issues in Indian Americans, including resilience and positive health. As we all know, this is an important issue as there is an increasing number of older Indian Americans. We hope this work will lead to better mental and physical health in this segment of the population.

Last year we held a very successful program in New York addressing Asian Indian American Mental Health, in collaboration with the APA's Division of Diversity and Health Equity (DDHE). (See the report on this web site). We are grateful to Dr. Annelle Primm, then director of DDHE, and Ms. Sejal Patel, the division's Program Coordinator, for their enormous support. Currently we are exploring with DDHE about holding a collaborative conference on Domestic Violence, again an important issue.

We thank our energetic President Dr. Vani Rao, the rest of the Extended EC, and the Chapter leaders, for the wonderful work they have been doing on behalf of our Association.

Ramaswamy Viswanathan, MD, DMSc,
Chair, BOT