

## 2015 IAPA Awardees

### 2015 IAPA Outstanding Academician

#### Dr. Paramjit Toor Joshi



Paramjit T. Joshi, M.D. is an Endowed Professor and Chair of the Department of Psychiatry and Behavioral Sciences, at the Children's National Medical Center and Professor of Psychiatry, Behavioral Sciences & Pediatrics, at the George Washington University School of Medicine. After graduating from the Christian Medical College in Ludhiana India, she first trained and practiced as a pediatrician. After moving to the United States she completed her training in general and child and adolescent psychiatry at The Johns Hopkins University School of Medicine, where she remained on the faculty for over two decades.

She is a Distinguished Fellow of the American Psychiatric Association (APA) and the American Academy of Child & Adolescent Psychiatry (AACAP) and a member of the American College of Psychiatrists (ACP). She has held several national offices – notably President of the Society of Professors of Child & Adolescent Psychiatry (SPCAP: 2006-2008), currently on the Board of Directors of the American Board of Psychiatry & Neurology (ABPN) and also current President of The American Academy of Child & Adolescent Psychiatry (AACAP: 2013-2015). Dr. Joshi is the recipient of several awards - notably the APA's Bruno Lima award for outstanding contributions in the care and understanding of disaster psychiatry; The Special Presidential Commendation Award by the APA in recognition of her commitment to quality clinical care, training and research in Child Psychiatry (2013) and most recently the McGavin Life Time achievement award by the APA (2014). She has taught and published extensively on the issues of depression, bipolar disorder, global mental health and childhood trauma.

### 2015 IAPA Outstanding Service Awardee

#### Dr. George Mathews



Dr. George Mathews is a graduate of Grant Medical College, Bombay (Mumbai,) and completed his M.D. in Psychiatry from Bombay University at Grant Medical College. He worked as a Psychiatrist at Kolencherry Medical Mission Hospital, near Cochin, Kerala, before going to England, where he got the Membership of the Royal College of Psychiatrists, London, UK, from the University of Manchester. He completed a two year Fellowship in Addiction Psychiatry at Vanderbilt University, Nashville, where he stayed on the faculty for a number of years. A Board Certified Psychiatrist, Dr. Mathews is a Fellow of the

American Board of Psychiatry and Neurology and was also certified by the American Society of Addiction Medicine (ASAM).

Dr. George Mathews is an active member of the Tennessee Chapter of IAPA and served as President of the chapter from 2012 to 2014. He has enhanced the profile of IAPA, integrating the chapter's activities with the local University Departments of Psychiatry and private Psychiatric Hospitals, as well as engaging the Department of Veterans Affairs, the State Hospital, and fostering close ties with the Tennessee Psychiatric Association. He has helped organize acclaimed Annual Regional IAPA Meetings, which have brought together Indian and non-Indian Psychiatrists to benefit from regional and national experts. He currently serves as Medical Director of Adult Behavioral Health at Trust Point Hospital in Murfreesboro, TN and is an active advocate for mental health.

## **2015 IAPA Outstanding Public Sector Awardee Dr. Pratap Narayan**



After graduating from medical school in India, Dr. Narayan trained at the National Institute of Mental Health and Neurosciences (Bangalore), and obtained his DPM and MD in General Psychiatry. He migrated to the United States shortly thereafter, he trained at the Virginia Commonwealth University (MCV) and later at the University of Florida, completing his Psychiatry residency, and fellowships in Forensic Psychiatry and Psychiatric Research.

Dr. Narayan has worked primarily in different government organizations, and in different capacities and states during his entire career, with an emphasis on forensic and correctional Psychiatry. He has also been on the faculty at several prestigious educational institutions in different states, and been actively involved in medical student, residency, and fellowship teaching and mentoring. He has served as a part II ABPN examiner, and a reviewer for the American Journal of Psychiatry in the past, and is a Fellow of the American Psychiatric Association.

Dr. Narayan is particularly interested in pharmaco-economics, and psychiatric diagnoses, especially in the forensic population; specifically, he has been involved in exploring cost-containment in Mental Health care, without compromising clinical outcomes, and is an ardent supporter of the 'Choosing Wisely' movement. He has lectured widely in both domestic and international forums on various forensic mental health topics, most recently at the World Psychiatric Association meeting in Madrid, Spain in 2014.

On the personal front, he is an avid music enthusiast, and is no mean performer in his own right; he is particularly fond of very old Hindi music (1940s and 1950s!), and frequently regales friends and family with his renderings of old songs. He is a keen reader, and intends to take up non-professional writing as his career slows down. He

remains actively involved in local community events and activities in California along with his family.

## **2015 IAPA Outstanding Resident Dr. Rajiv Radhakrishnan**



Dr. Rajiv Radhakrishnan is currently a PGY-III Psychiatry resident at Yale School of Medicine. Rajiv graduated from St Johns Medical College, Bangalore, India and went on to complete his postgraduate training in psychiatry at the same institution. He subsequently came to USA to pursue a postdoctoral research fellowship at Yale under the mentorship of Deepak Cyril D'Souza. During his postdoctoral fellowship he examined the effects of pharmacologically-induced GABA deficit on the psychomimetic effects of delta-9-tetrahydrocannabinol, the primary psychoactive ingredient of cannabis.

Rajiv has a keen interest in academic psychiatry and research. At the Yale Psychiatry residency program, he serves as a writing tutor for medical students, organizes the resident/fellows journal club and serves as the Co-Chair of the Psychiatry Resident Association-Information Technology committee. His research is focused on examining the effects of cannabinoids on information processing. He is the recipient of the Seymour Lustman Resident Research Award 2014, the highest award for resident research achievement given by the Yale Department of Psychiatry. He also received the APIRE/ Janssen Pharmaceutical Resident Psychiatric Research Scholar Fellowship 2014-15 and is supported by the NIMH R25 IMPORT training grant.

Rajiv holds various leadership roles in academic psychiatry. He serves as the Senior-Deputy Editor of the American Journal of Psychiatry-Residents' Journal (2014-2015) and will serve as the Editor-in-Chief of the journal in 2015-2016. He was awarded the Group for Advancement of Psychiatry Fellowship (2015-2016) and selected to the American Association of Directors of Psychiatric Residency Training (AADPRT) International Medical Graduate (IMG) Fellowship Program 2015.

## **IAPA President's Award : Dr. Surinder Nand**



**For more than a decade**, Dr. Surinder Nand has been fighting **domestic violence** using a multipronged approach: advocating for stopping domestic violence; providing education on domestic violence via presentations and workshops at various local and national meetings and serving as a leader for Apna Ghar, an organization which provides comprehensive services for battered women.